

## **Health Office COVID Guidelines for Students**

### **Close Contact Definition**

Any person exposed to a positive case of COVID-19 within a 6 foot radius for 15 minutes or more in a 24 hour period starting 48 hours from the day the positive case started having symptoms, or, if the positive case was asymptomatic, 48 hours from the day the positive case tested positive for COVID-19.

There is an exception for K-12 indoor classroom settings that excludes students who were within 3-6 feet of an infected student if both the infected student and the exposed student correctly and consistently wore well-fitting masks the entire time.

### **Masks**

All people are encouraged to wear a mask when indoors in public places at all times, and outdoors when in crowded or high transmission areas.

### **Symptomatic Students**

During the school day, students who visit the health office with symptoms concerning of COVID-19 will be dismissed per the CDC and DOH guidelines. Students will be kept in the health office and maintain a distance of at least 6 ft from other individuals and they will be required to wear a mask. Once dismissed from the health office it is advised that the parents/guardians contact their family medical providers.

To return to school after being dismissed for having COVID-19 symptoms, students will be required to submit a letter from their medical provider that excuses their return or show proof of a laboratory COVID-19 test collected 3-5 days after the onset of the student's symptoms with negative test results.

### **Students positive for COVID-19**

If at any time a student tests positive for COVID-19, they will be required to quarantine and pivot to remote learning for at least 10 days following the positive test result collection date or the date they begin having symptoms. They may return to school after the 10 days of quarantine if their symptoms have improved, they have remained fever free for 24 hours without fever reducing medication, and with a note from their medical provider excusing their return.

If a student tests positive for COVID-19 and following their return to school, are identified as a close contact, they will not be required to quarantine if it has been within 3 months of their diagnosis and they remain symptom free.

### **Vaccinated Population**

According to the CDC, in general people are considered fully vaccinated:

- 2 weeks after their second dose in a 2-dose series
- 2 weeks after a single-dose vaccine

- If you don't meet these requirements, regardless of your age, you are not fully vaccinated

#### Vaccinated Close Contacts:

If a vaccinated student has been exposed in a school district setting and identified as a close contact with someone who has COVID-19, the vaccinated individual should be tested 3-5 days after exposure, even if they are asymptomatic. The vaccinated student should also wear a mask indoors in public for 14 days following the exposure or until their test result is returned and negative. If the vaccinated student tests positive, they should be isolated for 10 days and pivot to remote learning. They will be able to return to school once their symptoms have improved, they have been fever free for 24 hours without fever reducing medications, and submit a note from their medical provider excusing their return.

If a vaccinated individual develops symptoms after exposure, they should be tested and quarantined until they have their results. If their test results are positive, they will need to isolate for 10 days and pivot to remote learning. They will be able to return to school once their symptoms have improved, they have been fever free for 24 hours without fever reducing medications, and submit a note from their medical provider excusing their return.

#### **Unvaccinated Population**

If an unvaccinated student is identified as a close contact to a positive case of COVID-19 in a school district setting, they will be required to quarantine and pivot to remote learning for 10 days following the date of their exposure.

If the close contact has a COVID-19 test on or after 5 days following their exposure and they are able to submit a laboratory test with negative results, they will then only need to quarantine and pivot to remote learning for 7 days following the date of their exposure as long as they continue to remain symptom free.

If at any time the close contact develops symptoms, they will be required to quarantine for 10 days following the day their symptoms began and submit a note from their medical provider to return to school once their symptoms have improved and they remain fever free for 24 hours without fever reducing medications.

#### Out of school Exposure:

If an unvaccinated student is exposed to a positive case of COVID-19 in their home, they will need to complete a 7 to 10 day quarantine after the positive case in their home is finished with their own 10 day quarantine period. This essentially means that the student will need to complete a 17 -20 day quarantine if they are living with a person who is positive for COVID-19 and submit a note from their medical provider prior to returning to school. It would be 17 days if the student has a negative COVID-19 test result on or after 15 days from the date the positive case was tested or started having symptoms. The student would need to submit official negative test results and note from their medical provider to return after 17 days.

If an unvaccinated student is exposed to COVID-19 outside of the school district setting and not in their home, they are required to quarantine for 10 days following their exposure, they will need a note from their medical provider to clear their return to school and remain symptom free.