

21st Century Program

Year 2 Criteria and Structure

Criteria	Amount of Time
Enrichment	1 hour daily
Wellness/Fitness/Recreation	About 1 hour daily (3.75 hours a week)
Homework	30 minutes daily
Mentoring/Tutoring Help	Daily
Computer Work	Daily
Library/Book Work	Daily
Arts/Music, STEM, Culture, Community, Career	Weekly

Program Structure

Please note that student groupings are determined by age ranges of students and maturity.

Together students will have attendance and snack. Each group of students will then rotate through the three units: E-Enrichment, R-Recreation, H-Homework Grouping

Monday K-2 (E-R-H), 3-5 (R-H-E), 6-8 (H-E-R)

Tuesday K-2 (R-H-E), 3-5 (H-E-R), 6-8 (E-R-H)

Wednesday K-2 (H-E-R), 3-5 (E-R-H), 6-8 (R-H-E)

Thursday K-2 (E-R-H), 3-5 (R-H-E), 6-8 (H-E-R)

All students will dismiss to buses from the high school main lobby.

Time	Activity	Requirement
2:00 - 2:30	Attendance and Snack	N/A
	Rotating Units	N/A
	- Three Groups (K-2; 3-5; 6-8) with two staff per group	
2:30 - 3:16	<p>Enrichment Rotation</p> <ul style="list-style-type: none"> - Enrichment units-length depends on curriculum - Virtual Field trips - Virtual presenters 	<p>Enrichment</p> <p>Arts, Music, Tech, STEM, Culture, Community</p>
3:17 - 4:03	<p>Recreation/Fitness/Wellness Rotation</p> <ul style="list-style-type: none"> - Indoor/Outdoor activities - Activities connected to health and wellness - Nutrition 	<p>Wellness, Fitness, Recreation, Health</p> <p>Mentoring</p>
4:04 - 4:50	<p>Homework, Tutoring, Mentoring, Computer, Library</p> <ul style="list-style-type: none"> - RVS - Read Aloud with Writing Activity - Math Work (Games/Fun Competitions/Drill) - Literacy Programs 	<p>Homework, Tutoring/Academic, Computer, Library</p> <p>Mentoring</p>
4:50 - 5:00	Clean up and Buses	N/A

PROGRAM UNITS and REQUIREMENTS

Program Requirement Charts

Academic	College and Career	Enrichment	Character Education	
STEM	COLLEGE AND CAREER READINESS	ENTREPRENEURSHIP	DRUG PREVENTION	
LITERACY		ARTS AND MUSIC	COUNSELING PROGRAMS	
TUTORING		PHYSICAL ACTIVITY	VIOLENCE PREVENTION	
HOMEWORK HELP		COMMUNITY/SERVICE LEARNING	TRUANCY PREVENTION	
ENGLISH LANGUAGE LEARNERS SUPPORT		MENTORING	YOUTH LEADERSHIP	
SUBJECT AREAS				
READING/LITERACY	MATH	SCIENCE	ARTS/MUSIC	CULTURAL ACTIVITIES/SOCIAL STUDIES
ENTREPRENEURIAL EDUCATION	TECHNOLOGY	HEALTH/NUTRITION ACTIVITIES	OTHER SUBJECT AREAS	

Other Requirements	Amount of Time
One ELA Enrichment Activity	One per Quarter
One STEAM Enrichment Activity	One per Quarter
Youth Development	20 Total Hours
Service Learning Opportunity	1 for the Year
Arts Enrichment Block	1 for the Year
Nutrition Block	1 for the Year
Physical Fitness/Wellness Block	1 for the Year
College and Career Explorations	3 for the Year

Unit Pacing

Month	Time Frame	Unit	Activities/Ideas
October	4 Weeks	Introductions Who we are Explorers Outside/Autumn	-Who We Are -Explorers-Columbus Day -Research -Hands on Activities -STEAM -Nature Exploration -Art Projects

November	4 Weeks	Election America Giving Thanks Kindness	-Understanding Government -Ethics/Morals History of America -Social Emotional Learning -Art Projects
December	3 Weeks	Treasure Global Customs PA Holidays	- Traditions/Holidays -Pennsylvania History -Culture
January	3 Weeks	Times Careers Financial Literacy	- Understanding Time Periods and Customs -Career Exploration -Financial Understanding
January February	4 Weeks	Civil Rights Hard History Leadership Community Service	-What is a leader - Bullying Prevention - Violence Prevention - Drug Prevention - Safety at Home -Black History Month -Philanthropy
February	1 Week	Vital Organs	-What organs do we have -What do they do -Great American Smokeout -STEM
March	4 Weeks	Nutrition Farm to Fork Cooking Edible Science	-Baking Cookies - Around the kitchen learning - Meal Prep - Measuring - Restaurant and Table -Etiquette - Nutrition - Cooking and Wellness

March	1 Week	Women Leaders	-Women's History Month Celebration

<p>April May</p>	<p>5 Weeks</p>	<p>Biomes/Rock Study Dinosaurs Outer Space Natural Disasters Exploring Nature Outdoor Science</p>	<ul style="list-style-type: none"> -STEM -Weather -Outdoor Exploration -STEAM -History
<p>May</p>	<p>3 Weeks</p>	<p>Olympics Spa & Relaxation Positive Thinking Team Building</p>	<ul style="list-style-type: none"> - Student Olympics -Stress Release -Goals - Team Work - Year Reflection - Wrap Up