

2011 Wyalusing Lasagna Invitational - 4/29/2011**Wyalusing Valley Jr/Sr HS****Results****Girls 100 Meter Dash**

Meet Record: R 12.32 2010		Jordan Hoyt, Abington Heights			
Name	Year	School	Seed	Prelims	H#
Preliminaries					
1	Ellsworth, Lauren	Lackawanna Trail	12.74	12.78q	3
2	Gawlas, Katie	Dallas	12.78	13.05q	2
3	Hunt, Amanda	Tunkhannock	12.74	13.07q	4
4	Plesnar, Cierra	Dallas	12.74	13.11q	5
5	McCloe, Nikolette	Holy Cross H	12.54	13.17q	8
6	Yanchuk, Megan	Troy	13.48	13.24q	7
7	Kusakavitch, Marine	Holy Redeeme	12.70	13.27q	6
8	O'Donnell, Kelsey	Abington Heights	12.70	13.31q	7
9	Lattimore, Myra	Montrose	13.10	13.51q	2
10	Kusakavitch, Melanie	Holy Redeeme	13.00	13.57q	1
11	Blom, Jacey	Montrose	13.30	13.74q	5
12	Ragard, Kailey	Blue Ridge	13.55	13.81q	8
13	Hotaling, Jessica	Wyalusing Va	13.16	13.95	3
14	Shedden, Louisa	Troy	13.90	13.97	3
15	Schulze, Lindsay	Wyalusing Va	14.17	14.09	6
16	McDonnell, Kaitlyn	Holy Cross H	13.44	14.10	6
17	McFarlane, Ashley	Holy Redeeme	13.20	14.17	4
18	Bostjancic, Jessica	Mountain View	14.04	14.18	1
19	Hensel, Ashley	Holy Cross H	13.54	14.19	8
20	Hemmler, Abby	Western Wayne	13.94	14.23	2
21	Cianfoni, Taylor	Athens Area	14.04	14.28	2
22	Baker, Sheree	Windsor Central	14.04	14.41	1
23	Shay, Taylor	Towanda	14.29	14.42	8
24	Woznicki, Kaci	Wyalusing Va	14.74	14.47	2
25	Reyes, Bethany	Mountain View	14.84	14.53	1
26	Reynolds, India	Athens Area	14.59	14.57	6
27	Robinson, Elisabeth	Northeast Bradford	14.90	14.66	1
28	Lantz, Darien	Towanda	14.10	14.69	4
29	Madigan, Kyrstin	Towanda	14.50	14.72	8
30	McNett, Allison	Canton	14.74	14.75	3
31	Pelachick, Andrea	Athens Area	14.64	14.84	4
32	Teeple, Courtney	Western Wayne	13.84	14.94	5
33	Baxter, Kaitlin	Windsor Central	14.24	15.00	7
34	Brenchley, Megan	Canton	15.04	15.02	4
35	Lewis, Nichole	Montrose	14.10	15.04	3
36	Wetzel, Megan	North Penn	13.67	15.10	7
37	Middlebrook, Megan	Sayre Area	14.90	15.13	2
38	Villanti, Kelly	Sayre Area	14.50	15.30	7
39	Lindley, Samantha	Lake Lehman	14.64	15.44	5
40	Vogrin, Kristen	Tunkhannock	15.10	15.56	5
41	Ammerman, Krista	Sayre Area	15.30	16.42	6
42	Hallett, Kelsey	Northeast Bradford	17.17	16.88	7
43	Wood, Courtney	Lackawanna Trail	15.04	17.11	3
44	Chatterton, Sarah	Troy	17.24	17.49	8
45	Neff, Andrea	North Penn	13.87	19.31	4
--	Eddy, Jessica	Lake Lehman	14.14	NT	5
--	Hollister, Kirsten	Elk Lake Hig	13.04	NT	1
--	Sickler, Mara	Tunkhannock	13.70	NT	6

2011 Wyalusing Lasagna Invitational - 4/29/2011**Wyalusing Valley Jr/Sr HS****Results****Girls 100 Meter Dash**

Meet Record: R 12.32 2010 Jordan Hoyt, Abington Heights

Name	Year	School	Prelims	Finals	H#	Points
Finals						
1 Ellsworth, Lauren		Lackawanna Trail	12.78	12.66	1	10
2 Kusakavitch, Marine		Holy Redeeme	13.27	13.17	2	8
3 Gawlas, Katie		Dallas	13.05	13.21	1	6
4 Hunt, Amanda		Tunkhannock	13.07	13.23	1	5
5 McCloe, Nikolette		Holy Cross H	13.17	13.29	1	4
6 Yanchuk, Megan		Troy	13.24	13.31	1	3
7 O'Donnell, Kelsey		Abington Heights	13.31	13.37	2	2
8 Plesnar, Cierra		Dallas	13.11	13.41	1	1
9 Lattimore, Myra		Montrose	13.51	13.62	2	
10 Kusakavitch, Melanie		Holy Redeeme	13.57	13.67	2	
11 Blom, Jacey		Montrose	13.74	13.82	2	
12 Ragard, Kailey		Blue Ridge	13.81	13.83	2	

Girls 200 Meter Dash

Meet Record: R 24.56 2010 Jordan Hoyt, Abington Heights

Name	Year	School	Seed	Finals	H#	Points
1 Ellsworth, Lauren		Lackawanna Trail	25.92	26.10	9	10
2 Hunt, Amanda		Tunkhannock	26.32	26.86	9	8
3 McCloe, Nikolette		Holy Cross H	25.84	27.46	9	6
4 Hotaling, Jessica		Wyalusing Va	27.54	27.50	8	5
5 O'Donnell, Kelsey		Abington Heights	26.60	27.51	9	4
6 Yanchuk, Megan		Troy	28.14	28.04	8	3
7 Lewis, Alexandra		Montrose	27.24	28.37	8	2
8 Ostroski, Sarah		Sayre Area	28.40	28.55	7	1
9 Ragard, Kailey		Blue Ridge	27.50	28.69	8	
10 Kusakavitch, Melanie		Holy Redeeme	28.30	28.90	7	
11 Shedden, Louisa		Troy	29.04	28.97	6	
12 Liptak, Jordan		Western Wayne	28.94	29.21	7	
13 McDonnell, Kaitlyn		Holy Cross H	28.14	29.30	8	
14 McFarlane, Ashley		Holy Redeeme	28.50	29.41	7	
15 Hinkley, Megan		Blue Ridge	29.30	29.47	6	
16 Shay, Taylor		Towanda	29.33	29.51	6	
17 Reynolds, India		Athens Area	30.14	29.51	5	
18 Slowey, Kelsey		Holy Cross H	28.54	29.61	7	
19 Melissa, Kukowsk		Susquehanna	32.24	29.83	2	
20 Thorpe, Carly		Western Wayne	28.14	29.94	8	
21 Bostjancic, Jessica		Mountain View	30.84	30.12	4	
22 Madigan, Kyrstin		Towanda	31.00	30.18	3	
23 Hemmler, Abby		Western Wayne	29.14	30.28	6	
24 Reyes, Bethany		Mountain View	30.74	30.29	4	
25 Nahas, Marilyn		Holy Redeeme	28.70	30.30	7	
26 Cianfoni, Taylor		Athens Area	29.64	30.43	6	
27 Baxter, Kaitlin		Windsor Central	31.04	30.69	3	
28 Woznicki, Kaci		Wyalusing Va	30.74	30.84	4	
29 Robinson, Elisabeth		Northeast Bradford	31.81	31.05	2	
30 Baker, Sheree		Windsor Central	30.94	31.18	3	
31 McNett, Allison		Canton	30.44	31.25	4	
32 Mcgee, Joanna		Wyalusing Va	29.95	31.28	5	
33 Pelachick, Andrea		Athens Area	30.90	31.35	4	

2011 Wyalusing Lasagna Invitational - 4/29/2011**Wyalusing Valley Jr/Sr HS****Results****....Girls 200 Meter Dash**

34	Lindley, Samantha	Lake Lehman	31.64	31.43	2
35	Jennings, Ashlyn	Canton	32.24	31.67	2
36	Ward, Andrea	Sayre Area	31.30	31.68	3
37	Boardman, Brittany	Towanda	31.20	32.01	3
38	Hallett, Kelsey	Northeast Bradford	35.60	32.26	1
39	Johnson, Sarah	Lackawanna Trail	30.14	32.36	5
40	Brenchley, Megan	Canton	32.74	34.99	1
--	Lawson, Lacy	Lake Lehman	31.64	NT	2
--	Eddy, Jessica	Lake Lehman	30.34	NT	5
--	Lewis, Nichole	Montrose	29.14	NT	6
--	Danko, Lindsay	Dallas	27.23	NT	9
--	Gawlas, Katie	Dallas	26.82	NT	9
--	Villanti, Kelly	Sayre Area	29.80	NT	5
--	Balweirczak, Morgan	Northeast Bradford	31.08	NT	3
--	Chatterton, Sarah	Troy	38.44	NT	1
--	Farrer, Maggie	North Penn	29.99	NT	5
--	Strausser, Alyssa	North Penn	30.67	NT	4

Girls 400 Meter Dash

=====						
Meet Record: R 58.10		2005	Melissa Miller, Athens			
Name	Year	School	Seed	Finals	H#	Points
=====						
1	Ellsworth, Lauren	Lackawanna Trail	57.26	58.76	7	10
2	Vanetten, Cassie	Elk Lake Hig	58.04	59.96	7	8
3	Urian, Acacia	Western Wayne	1:00.14	1:00.05	7	6
4	Hotaling, Jessica	Wyalusing Va	1:01.14	1:02.15	7	5
5	Hermick, Kelsie	Elk Lake Hig	1:02.15	1:03.06	6	4
6	Burke, Missy	Abington Heights	1:00.84	1:03.58	7	3
7	Gronsky, Sarah	Abington Heights	1:01.44	1:04.13	7	2
8	Kusakavitch, Marine	Holy Redeeme	1:03.00	1:04.55	6	1
9	Mcminn, Tessa	Abington Heights	1:05.30	1:04.81	5	
10	Lewis, Allison	Montrose	1:02.90	1:05.13	6	
11	Shedden, Louisa	Troy	1:03.54	1:05.61	5	
12	Kusakavitch, Mallory	Holy Redeeme	1:03.00	1:05.93	6	
13	Flannery, Bridget	Holy Cross H	1:03.43	1:07.05	6	
14	Krompasky, Leah	Western Wayne	1:06.14	1:07.53	5	
15	Wittich, Kerry	Western Wayne	1:06.14	1:07.88	5	
16	Suhadolnik, Devon	Holy Cross H	1:09.84	1:08.17	3	
17	Madigan, Kyrstin	Towanda	1:08.87	1:08.52	4	
18	Shivock, Paula	Holy Cross H	1:09.17	1:08.99	3	
19	Cole, Molly	Sayre Area	1:11.00	1:09.65	2	
20	Villanti, Kelly	Sayre Area	1:07.00	1:09.80	5	
21	Jennings, Ashlyn	Canton	1:12.54	1:10.00	2	
22	Mcgee, Joanna	Wyalusing Va	1:07.10	1:10.54	4	
23	Martin, Lauren	North Penn	1:09.45	1:10.74	3	
24	Dougherty, Monica	Athens Area	1:06.26	1:10.77	5	
25	Lewis, Nichole	Montrose	1:08.20	1:10.90	4	
26	Milnes, Madalynn	Northeast Bradford	1:08.50	1:11.57	4	
27	Farrer, Maggie	North Penn	1:09.99	1:11.61	3	
28	Lee, Megan	Lake Lehman	1:11.14	1:11.88	2	
29	Moran, Chelsea	North Penn	1:08.03	1:11.91	4	
30	Crawford, Hillary	Athens Area	1:09.54	1:12.59	3	
31	Congdon, Dedra	Mountain View	1:13.94	1:12.80	2	
32	Craig, Elizabeth	Troy	1:12.14	1:13.22	2	

2011 Wyalusing Lasagna Invitational - 4/29/2011**Wyalusing Valley Jr/Sr HS****Results****....Girls 400 Meter Dash**

33	Houck, Mindy	Windsor Central	1:15.14	1:13.28	1
34	Gibson, Emmie	Montrose	1:09.10	1:13.64	4
35	DePrato, Louise	Windsor Central	1:15.14	1:14.39	1
36	Ward, Andrea	Sayre Area	1:11.00	1:14.98	3
--	Clark, Shelby	Canton	1:15.14	NT	1
--	Dosiak, Stephanie	Dallas	1:01.50	NT	6
--	Lawson, Lacy	Lake Lehman	1:13.14	NT	2

Girls 800 Meter Run

=====					
Meet Record: R 2:17.43 2010 Brittney Martin, Abington Heights					
Name	Year	School	Seed	Finals	Points
=====					
1	Zietz, Maddy	Windsor Central	2:25.44	2:20.53	10
2	Huffman, Erika	Wyalusing Va	2:21.67	2:20.54	8
3	Hall, Allison	Blue Ridge	2:18.01	2:20.79	6
4	Jaeger, Erin	Abington Heights	2:23.54	2:23.53	5
5	Urian, Acacia	Western Wayne	2:24.00	2:27.52	4
6	Robinson, Hannah	Sayre Area	2:29.00	2:27.92	3
7	Bernardi, Lauren	Holy Redeeme	2:31.00	2:29.50	2
8	Murray, Shannon	Holy Redeeme	2:31.00	2:30.54	1
9	Bennici, Samantha	Montrose	2:27.00	2:30.74	
10	Trowbridge, Elizabeth	Elk Lake Hig	2:26.14	2:32.21	
11	Mcminn, Jess	Abington Heights	2:33.00	2:35.26	
12	Donnelly, Rachael	Athens Area	2:32.88	2:35.60	
13	Earyes, Holly	Holy Cross H	2:37.18	2:39.50	
14	Lipski, Michelle	Lake Lehman	2:38.14	2:39.93	
15	Jacques, Jordyn	Western Wayne	2:36.00	2:40.27	
16	Barnes, Laura	Windsor Central	2:37.03	2:41.23	
17	Middlebrook, Alex	Sayre Area	2:39.00	2:42.24	
18	Darling, Kayla	Northeast Bradford	2:35.38	2:42.55	
19	Phillips, Keishanda	Western Wayne	2:34.00	2:42.92	
20	Schulze, Elesha	Wyalusing Va	2:59.40	2:45.52	
21	Cole, Molly	Sayre Area	2:59.00	2:45.60	
22	Nikolidas, Rina	Montrose	2:38.00	2:45.71	
23	Villanella, Amber	Montrose	2:44.00	2:45.78	
24	Thomas, Kaila	Lake Lehman	2:51.14	2:45.79	
25	Zdancewicz, Abigail	Elk Lake Hig	2:39.60	2:46.27	
26	Seigel, Mollie	Lackawanna Trail	2:45.14	2:46.68	
27	Bedell, Lainey	Elk Lake Hig	2:38.65	2:46.84	
28	Proulx, Katie	Tunkhannock	2:53.14	2:46.91	
29	Dempsey, Erin	North Penn	2:58.25	2:48.25	
30	Virbitsky, Stpehanie	Mountain View	2:55.54	2:48.34	
31	Purdy, Colleen	Towanda	2:46.11	2:49.65	
32	Pickering, Kristen	Holy Cross H	2:32.83	2:49.99	
33	Breita, Alecia	Lackawanna Trail	2:55.14	2:50.21	
34	Gannon, Abigayle	Towanda	2:48.89	2:50.35	
35	Black, Nicole	North Penn	2:50.54	2:50.56	
36	Strony, Lauren	Holy Cross H	2:54.94	2:53.68	
37	Sumner, Aubrey	Athens Area	2:51.20	2:54.57	
38	Bennett, Paige	Athens Area	2:57.30	2:55.95	
39	Snyder, Sydney	Wyalusing Va	2:52.14	2:57.69	
40	Durham, Shaina	Sullivan County	3:00.00	3:00.68	
41	Baldwin, Miranda	Troy	3:08.93	3:02.07	
42	Cramer, Katie	Blue Ridge	3:08.00	3:04.65	

2011 Wyalusing Lasagna Invitational - 4/29/2011**Wyalusing Valley Jr/Sr HS****Results****...Girls 800 Meter Run**

43 Colton, Kassidy	Canton	3:08.00	3:06.82
44 Milnes, Madalynn	Northeast Bradford	2:52.93	3:15.15
45 Black, Alyssa	Canton	3:16.00	3:18.27
-- Purdy, Kelly	Mountain View	2:54.24	NT
-- Gerould, Cara	Northeast Bradford	3:03.67	NT
-- Sowinski, Rachel	Holy Redeeme	2:25.00	NT
-- Williams, Victoria	Tunkhannock	2:48.14	NT

Girls 1600 Meter Run

Meet Record: R 5:16.18		2008	Kathleen Casey, Holy Cross			
Name	Year	School	Seed	Finals	Points	
1 Rome, Regan		Dallas	5:18.15	5:21.32	10	
2 Lalos, Stephanie		Abington Heights	5:26.80	5:23.95	8	
3 Sowinski, Rachel		Holy Redeeme	5:25.00	5:26.02	6	
4 Robinson, Hannah		Sayre Area	5:29.00	5:28.09	5	
5 Durako, Marissa		Holy Redeeme	5:29.00	5:35.03	4	
6 Gill, Cassandra		Holy Redeeme	5:35.00	5:38.75	3	
7 Norton, Casey		Troy	5:33.00	5:41.25	2	
8 Foster, Destiny		Towanda	5:38.52	5:41.50	1	
9 Fogel, Abby		Wyalusing Va	5:39.27	5:43.44		
10 Dougherty, Keirnan		Lackawanna Trail	5:34.71	5:44.57		
11 Bennici, Samantha		Montrose	5:38.50	5:56.37		
12 Barnes, Laura		Windsor Central	6:25.00	5:57.86		
13 Donnelly, Rachael		Athens Area	5:49.23	6:00.27		
14 Bedell, Lainey		Elk Lake Hig	5:45.43	6:00.79		
15 Wootten, Chelsea		Tunkhannock	6:00.00	6:02.77		
16 Middlebrook, Alex		Sayre Area	5:45.00	6:05.16		
17 Hurley, Katie		Sayre Area	5:58.00	6:06.53		
18 Jaeger, Katie		Abington Heights	5:51.52	6:06.93		
19 Zdancewicz, Abigail		Elk Lake Hig	5:50.92	6:07.86		
20 Pickering, Kristen		Holy Cross H	5:47.40	6:11.27		
21 Cole, Brittany		Holy Cross H	5:50.33	6:12.15		
22 McDonald, Alyssa		Sullivan County	6:00.80	6:17.19		
23 Virbitsky, Stpehanie		Mountain View	6:27.90	6:17.31		
24 Frear, Samantha		Tunkhannock	6:25.00	6:17.63		
25 Darling, Kayla		Northeast Bradford	6:00.00	6:17.72		
26 Foster, Shelby		Lake Lehman	6:00.00	6:20.96		
27 Harding, Courtney		Montrose	6:27.00	6:24.75		
28 Sisson, Katie		Windsor Central	6:30.00	6:27.39		
29 Gromel, Carly		Lake Lehman	6:02.00	6:27.93		
30 Carey, Megan		Holy Cross H	6:48.00	6:28.22		
31 Colton, Kassidy		Canton	6:47.00	6:28.81		
32 Whipple, Ashley		Athens Area	6:25.00	6:29.92		
33 Snyder, Sydney		Wyalusing Va	6:26.00	6:33.03		
34 Hamernick, Anna		Montrose	6:34.00	6:33.36		
35 Bennett, Paige		Athens Area	6:19.90	6:33.97		
36 Bonin, Allison		Northeast Bradford	6:32.63	6:37.30		
37 Gerould, Cara		Northeast Bradford	6:37.06	6:38.42		
38 Purdy, Kelly		Mountain View	5:50.00	6:38.74		
39 Purdy, Colleen		Towanda	6:10.00	6:39.27		
40 Edwards, Emily		Wyalusing Va	6:53.44	6:45.86		
41 Cramer, Katie		Blue Ridge	6:50.00	6:54.03		
42 Cuevas, Demitria		Towanda	6:30.00	7:43.36		

2011 Wyalusing Lasagna Invitational - 4/29/2011**Wyalusing Valley Jr/Sr HS****Results****....Girls 1600 Meter Run**

-- Walker, Britney	Canton	6:26.70	NT
-- Vinton, Brianna	Western Wayne	6:15.00	NT

Girls 3200 Meter Run

=====
 Meet Record: R 11:16.70 2010 Maria Trowbridge, Elk Lake

Name	Year School	Seed	Finals	Points
1 Rome, Regan	Dallas	11:16.20	11:08.91R	10
2 Durako, Marissa	Holy Redeeme	11:29.00	11:14.18R	8
3 Learn, Susan	North Penn	11:36.96	11:37.45	6
4 Ross, Taylor	Abington Heights	11:45.00	11:39.72	5
5 Learn, Violet	North Penn	11:49.79	11:39.85	4
6 Frank, Mary	Holy Redeeme	12:05.00	11:49.63	3
7 Norton, Casey	Troy	11:50.83	11:58.10	2
8 Fogel, Abby	Wyalusing Va	11:53.37	11:59.01	1
9 Trowbridge, Maria	Elk Lake Hig	11:29.82	11:59.12	
10 Gill, Cassandra	Holy Redeeme	12:02.00	12:06.00	
11 Myers, Shannon	Western Wayne	12:30.00	12:11.92	
12 Burke, Jenn	Abington Heights	12:15.00	12:14.67	
13 Foster, Destiny	Towanda	12:10.56	12:25.05	
14 Dougherty, Keirnan	Lackawanna Trail	12:48.86	12:30.75	
15 Kearns, Melissa	Holy Cross H	13:12.65	12:35.00	
16 Funk, Olivia	Western Wayne	12:45.00	12:44.40	
17 Cole, Brittany	Holy Cross H	13:15.00	13:18.46	
18 O'Hara, Molly	Sayre Area	13:25.00	13:19.03	
19 Porter, Katherine	Sayre Area	13:25.00	13:36.10	
20 Frear, Samantha	Tunkhannock	14:00.00	13:38.63	
21 Bennett, Paige	Athens Area	14:08.50	13:42.71	
22 Walker, Britney	Canton	14:36.40	13:47.61	
23 Bonin, Allison	Northeast Bradford	14:09.65	13:58.20	
24 Harding, Courtney	Montrose	14:34.00	14:01.27	
25 Whipple, Ashley	Athens Area	14:00.60	14:02.54	
26 Newhart, Callista	Montrose	14:27.00	14:13.90	
27 Burgio, Jenna	Holy Cross H	15:16.00	14:42.15	
28 Edwards, Emily	Wyalusing Va	14:50.25	14:44.73	
29 Friedrichsen, Christi	Sayre Area	13:58.00	14:47.35	
30 Prichard, Katie	Wyalusing Va	15:32.04	15:56.61	
31 Jennings, Elissa	Tunkhannock	16:08.00	16:01.99	
-- Lutat, Sarah	Western Wayne	13:50.00	NT	
-- Wootten, Chelsea	Tunkhannock	12:49.30	NT	

Girls 100 Meter Hurdles

=====
 Meet Record: R 15.32 2008 Lyndsay Barna, Western Wayne

Name	Year School	Seed	Prelims	H#
Preliminaries				
1 Skerpon, Elyse	Sayre Area	16.40	16.33q	5
2 Szalkowski, Kirby	Dallas	16.44	16.43q	4
3 Martino, Leigh	Windsor Central	16.64	16.43q	2
4 Wildenstein, Sarah	Western Wayne	16.54	16.79q	3
5 Kerecman, Devan	Holy Cross H	16.64	16.95q	1
6 Clauss, Isabelle	Abington Heights	16.40	17.14q	6
7 Micca, Maria	Holy Redeeme	17.10	17.16q	4

2011 Wyalusing Lasagna Invitational - 4/29/2011

Wyalusing Valley Jr/Sr HS

Results

...Girls 100 Meter Hurdles

8	Faulkner, Kaitlyn	Wyalusing Va	16.12	17.29q	7
9	Krenitsky, Amanda	Western Wayne	16.94	17.33q	2
10	Good, Cindy	Elk Lake Hig	16.94	17.34q	3
11	Kurey, Jessica	Abington Heights	16.80	17.60q	1
12	Chamberlain, Amber	Troy	17.84	17.82q	7
13	Melissa, Kukowsk	Susquehanna	19.04	17.82	3
14	Lerralde, Melissa	Holy Redeeme	17.90	18.14	7
15	Faux, Brittany	Lake Lehman	18.04	18.18	5
16	Bennett, Carley	Elk Lake Hig	18.44	18.29	3
17	Furneaux, Aliza	Lackawanna Trail	18.46	18.37	2
18	Fisher, Ashlee	Athens Area	17.72	18.40	6
19	Funk, Emily	Western Wayne	17.14	18.42	5
20	Swenson, Erica	Tunkhannock	18.26	18.46	4
21	Beck, Jessica	Athens Area	18.94	18.50	2
22	Doerner, Morgan	Wyalusing Va	19.64	18.60	6
23	Heck, Carly	Tunkhannock	18.54	18.82	1
24	Webster, Chelsea	Athens Area	20.04	19.47	7
25	Timm, Rebecca	Montrose	19.10	19.68	4
26	Kinney, Amber	Wyalusing Va	20.44	19.83	4
27	Black, Emily	Canton	19.74	20.16	7
28	Polinski, Sarah	Sayre Area	20.10	20.21	6
29	Ellis, Logan	Blue Ridge	20.50	20.29	1
30	Perry, Teagan	Windsor Central	19.14	20.32	5
31	Blachek, Emily	Montrose	20.40	20.77	5
32	Bennie, Jacqueline	Holy Cross H	20.44	20.84	3
33	Hillard, Aerial	Tunkhannock	20.74	21.17	2
34	Henry, Kaitlyn	Sayre Area	20.50	21.25	2
35	McNett, Allison	Canton	21.04	21.46	4
36	Daily, Caitlyn	Montrose	20.90	21.49	3
37	Robinson, Elisabeth	Northeast Bradford	21.37	21.60	6
38	Ditchkus, Victoria	Holy Cross H	21.64	22.46	7
--	Oley, Kylie	Northeast Bradford	21.08	NT	5
--	Sember, Dylan	North Penn	20.59	NT	1
--	Warnagaris, Sarah	Holy Redeeme	17.90	NT	6
--	Salsman, Cassy	Elk Lake Hig	18.64	NT	1

Girls 100 Meter Hurdles

=====
 Meet Record: R 15.32 2008 Lyndsay Barna, Western Wayne

Name	Year	School	Prelims	Finals	H#	Points
=====						
Finals						
1		Szalkowski, Kirby	Dallas	16.43	16.23	1 10
2		Skerpon, Elyse	Sayre Area	16.33	16.65	1 8
3		Good, Cindy	Elk Lake Hig	17.34	16.74	2 6
4		Clauss, Isabelle	Abington Heights	17.14	16.78	1 5
5		Wildenstein, Sarah	Western Wayne	16.79	16.81	1 4
6		Micca, Maria	Holy Redeeme	17.16	17.04	2 3
7		Kerecman, Devan	Holy Cross H	16.95	17.15	1 2
8		Faulkner, Kaitlyn	Wyalusing Va	17.29	17.25	2 1
9		Kurey, Jessica	Abington Heights	17.60	17.27	2
10		Krenitsky, Amanda	Western Wayne	17.33	17.39	2
11		Chamberlain, Amber	Troy	17.82	17.74	2
--		Martino, Leigh	Windsor Central	16.43	DQ	1

2011 Wyalusing Lasagna Invitational - 4/29/2011**Wyalusing Valley Jr/Sr HS****Results****Girls 300 Meter Hurdles**

Meet Record: R 45.75 2010		Krista Matsko, Abington Heights				
Name	Year	School	Seed	Finals	H#	Points
1	Martino, Leigh	Windsor Central	48.91	48.61	6	10
2	Skerpon, Elyse	Sayre Area	50.00	49.31	6	8
3	Wildenstein, Sarah	Western Wayne	49.54	49.40	6	6
4	Chamberlain, Amber	Troy	50.14	50.03	5	5
5	Clauss, Isabelle	Abington Heights	49.50	50.28	6	4
6	Liptak, Jordan	Western Wayne	51.64	50.85	5	3
7	Faulkner, Kaitlyn	Wyalusing Va	51.37	50.99	5	2
8	Salsman, Cassy	Elk Lake Hig	52.74	51.24	4	1
9	Kurey, Jessica	Abington Heights	51.10	51.29	5	
10	Spencer, Danielle	Dallas	49.70	51.30	6	
11	Micca, Maria	Holy Redeeme	53.00	51.67	4	
12	Swenson, Erica	Tunkhannock	53.30	52.37	4	
13	Fisher, Ashlee	Athens Area	51.94	52.54	5	
14	Furneaux, Aliza	Lackawanna Trail	49.88	52.85	6	
15	Giombetti, Samantha	Western Wayne	52.64	53.30	4	
16	Bennett, Carley	Elk Lake Hig	53.03	53.32	4	
17	Good, Cindy	Elk Lake Hig	51.82	53.67	5	
18	Timm, Rebecca	Montrose	54.10	53.96	3	
19	Lerralde, Melissa	Holy Redeeme	55.00	54.00	3	
20	Heck, Carly	Tunkhannock	53.74	54.63	3	
21	Bennie, Jacqueline	Holy Cross H	55.34	54.96	3	
22	Beck, Jessica	Athens Area	55.44	55.53	2	
23	Innocenzo, Hailey	Towanda	53.41	56.93	3	
24	Ellis, Logan	Blue Ridge	58.20	57.14	1	
25	Webster, Chelsea	Athens Area	58.94	58.34	1	
26	McNett, Allison	Canton	55.24	59.07	3	
27	Pigga, Jessica	Holy Cross H	56.73	59.17	2	
28	Cobb, Savanna	Wyalusing Va	1:00.00	1:00.51	1	
29	Blachek, Emily	Montrose	58.10	1:00.80	2	
30	Black, Emily	Canton	1:01.44	1:01.29	1	
31	Murphy, Brandi	Holy Cross H	1:03.54	1:01.38	1	
32	Brady, Kiara	Montrose	57.30	1:03.56	2	
--	Schulze, Elesha	Wyalusing Va	52.32	NT	4	
--	Faux, Brittany	Lake Lehman	56.14	NT	2	
--	Warnagaris, Sarah	Holy Redeeme	56.00	NT	2	
--	Hutchison, Caitlin	Troy	58.80	NT	1	

Girls 4x100 Meter Relay

Meet Record: R 49.75 2010		, Montrose Blom/Koloski/Short/Lewis				
School	Year	Seed	Finals	H#	Points	
1	Dallas 'A'	50.44	51.24	3	10	
	1) Danko, Lindsay					
	2) Plesnar, Cierra					
	3) Dunbar, Ashley					
	4) Gawlas, Katie					
2	Holy Cross High School 'A'	52.00	52.39	3	8	
	1) McCloe, Nikolette					
	2) Graziano, Kira					
	3) Suhadolnik, Devon					
	4) Vieira, Alysa					
3	Abington Heights 'A'	52.00	52.81	3	6	
	1) Cadman, Elisia					
	2) Gronsky, Sarah					
	3) Chapman, Alex					
	4) Burke, Missy					

2011 Wyalusing Lasagna Invitational - 4/29/2011

Wyalusing Valley Jr/Sr HS

Results

....Girls 4x100 Meter Relay

4 Blue Ridge 'A'	53.00	52.83	3	5
1) Hall, Allison	2) Ragard, Kailey			
3) Hinkley, Megan	4) Chaffee, Brittany			
5 Tunkhannock 'A'	51.40	54.38	3	4
1) Hunt, Amanda	2) Swenson, Erica			
3) Hunt, Nicole	4) Sickler, Mara			
6 Wyalusing Valley Area 'A'	54.44	54.51	2	3
1) Schulze, Lindsay	2) Faulkner, Kaitlyn			
3) Sutton, Kayleen	4)			
7 Holy Redeemer High School 'A'	54.10	54.86	2	2
1) McFarlane, Ashley	2) Nahas, Marilyn			
3) Kusakavitch, Melanie	4) Pikul, Lauren			
8 Towanda 'A'	54.40	55.29	2	1
1) Shay, Taylor	2) Lantz, Darien			
3) Innocenzo, Hailey	4) Boardman, Brittany			
9 Athens Area 'A'	53.86	55.31	2	
1) Pelachick, Andrea	2) Cianfoni, Taylor			
3) Reynolds, India	4) Fisher, Ashlee			
10 Windsor Central 'A'	58.00	58.80	1	
1) Baxter, Kaitlin	2) Baker, Sheree			
3) DePrato, Louise	4) Houck, Mindy			
11 Mountain View 'A'	1:00.00	59.50	1	
1) Chadwick, Dominique	2) Bostjancic, Jessica			
3) Congdon, Dedra	4) Reyes, Bethany			
12 Lackawanna Trail 'A'	57.90	1:00.15	2	
1) Seigel, Mollie	2) Bellanco, Gabby			
3) Wood, Courtney	4) Johnson, Sarah			
13 Sayre Area 'A'	59.50	1:00.46	1	
14 North Penn 'A'	56.70	1:02.95	2	
1) Neff, Tonya	2) Neff, Andrea			
3) Strausser, Alyssa	4) Wetzal, Megan			
-- Montrose 'A'	51.90	DNF	3	
1) Abbott, Samantha	2) Lewis, Alexandra			
3) Blom, Jacey	4) Lattimore, Myra			

Girls 4x400 Meter Relay

Meet Record: R 4:01.22 2009 , Abington Heights
Hoyt/Martin/Smith/Matsko

School	Seed	Finals	H#	Points
1 Elk Lake High School 'A'	4:14.14	4:17.50	3	10
1) Hermick, Kelsie	2) Trowbridge, Maria			
3) Vanetten, Cassie	4) Hollister, Kirsten			
2 Abington Heights 'A'	4:11.40	4:18.95	3	8
1) Lalos, Stephanie	2) Cadman, Elisia			
3) Gronsky, Sarah	4) Chapman, Alex			
3 Holy Redeemer High School 'A'	4:15.00	4:23.09	3	6
1) Maximovitch, Nicole	2) Sowinski, Rachel			
3) Kusakavitch, Marine	4) Kusakavitch, Mallory			
4 Montrose 'A'	4:25.00	4:25.94	3	5
1) Abbott, Samantha	2) Lewis, Alexandra			
3) Lewis, Allison	4) Lattimore, Myra			
5 Blue Ridge 'A'		4:28.87	1	4
1) Hall, Allison	2) Ragard, Kailey			

2011 Wyalusing Lasagna Invitational - 4/29/2011

Wyalusing Valley Jr/Sr HS

Results

....Girls 4x400 Meter Relay

3) Hinkley, Megan	4) Chaffee, Brittany				
6 Holy Cross High School 'A'		4:28.00	4:30.44	3	3
1) Flannery, Bridget	2) McCloe, Nikolette				
3) Shivock, Paula	4) Earyes, Holly				
7 Athens Area 'A'		4:27.62	4:32.31	3	2
1) Cianfoni, Taylor	2) Dougherty, Monica				
3) Donnelly, Rachael	4) Fisher, Ashlee				
8 Sayre Area 'A'		4:30.00	4:32.54	2	1
9 Lackawanna Trail 'A'		4:30.00	4:38.12	2	
1) Ellsworth, Lauren	2) Breita, Alecia				
3) Furneaux, Aliza	4) Seigel, Mollie				
10 Wyalusing Valley Area 'A'		4:44.00	4:43.50	2	
1) Schulze, Elesha	2) Armitage, Jordan				
3) Keeney, Liz	4) Mcgee, Joanna				
11 Towanda 'A'		4:41.97	4:46.65	2	
1) Madigan, Kyrstin	2) Shay, Taylor				
3) Gannon, Abigail	4) Boardman, Brittany				
12 Windsor Central 'A'		4:55.00	4:56.93	1	
1) Perry, Teagan	2) Baker, Sheree				
3) DePrato, Louise	4) Houck, Mindy				
13 Canton 'A'		5:00.00	4:57.21	1	
14 North Penn 'A'		4:49.91	4:58.90	2	
1) Moran, Chelsea	2) Martin, Lauren				
3) Neff, Tonya	4) Farrer, Maggie				
-- Mountain View 'A'			NT	1	
1) Bostjancic, Jessica	2) Congdon, Dedra				
3) Virbitsky, Stephanie	4) Reyes, Bethany				
-- Tunkhannock 'A'		4:35.00	NT	2	
1) Hunt, Amanda	2) Swenson, Erica				
3) Vogrin, Kristen	4) Hunt, Nicole				

Girls 4x800 Meter Relay

Meet Record: R 9:37.00 2006 , Dallas
Kerestes/Stepinank/Adams/Giacometti

School	Seed	Finals	Points
1 Abington Heights 'A'	10:04.00	9:51.00	10
1) Lalos, Stephanie			
3) Ross, Taylor			
2 Elk Lake High School 'A'	9:50.58	9:59.61	8
1) Trowbridge, Maria			
3) Zdancewicz, Abigail			
3 Holy Redeemer High School 'A'	10:11.00	10:02.28	6
1) Frank, Mary			
3) Bernardi, Lauren			
4 Wyalusing Valley Area 'A'	10:37.00	10:26.71	5
1) Hotaling, Jessica			
3) Schulze, Elesha			
5 Western Wayne 'A'	10:34.00	10:30.46	4
1) Vinton, Brianna			
3) Wittich, Kerry			
6 Holy Cross High School 'A'	10:45.00	10:52.00	3
1) Flannery, Bridget			
3) Shivock, Paula			

2011 Wyalusing Lasagna Invitational - 4/29/2011

Wyalusing Valley Jr/Sr HS

Results

....Girls 4x800 Meter Relay

7 Lake Lehman 'A'	11:04.00	11:04.11	2
1) Foster, Shelby	2) Lipski, Michelle		
3) Gromel, Carly	4) Thomas, Kaila		
8 Athens Area 'A'	11:19.26	11:22.53	1
1) Whipple, Ashley	2) Stopper, Danielle		
3) Donnelly, Rachael	4) Sumner, Aubrey		
9 Tunkhannock 'A'	11:30.00	11:26.23	
1) Williams, Victoria	2) Frear, Samantha		
3) Porasky, Christa	4) Paduck, Rachel		
10 Montrose 'A'	11:31.00	11:42.78	
1) Nikolidas, Rina	2) Villanella, Amber		
3) Dearborn, Makayla	4) Bennici, Samantha		
-- Towanda 'A'	11:01.87	NT	
1) Foster, Destiny	2) Gannon, Abigayle		
3) Purdy, Colleen	4) Zatkos, Dani		

Girls High Jump

=====					
Meet Record: R	5-03	2007	Rebekah Williams, Lake Lehman		
Name	Year	School	Seed	Finals	Points
=====					
1 Nole, Anna		Tunkhannock	5-04.00	5-04.00R	10
2 Fruehan, Maggie		Abington Heights	5-02.00	4-10.00	8
3 Kopatz, Jessica		Athens Area	4-08.00	J4-10.00	6
4 Gibson, Emmie		Montrose	4-08.00	4-08.00	5
5 Schulze, Elesha		Wyalusing Va	4-08.00	J4-08.00	3.50
5 Kromko, Courtney		Western Wayne	5-02.00	J4-08.00	3.50
7 Giombetti, Samantha		Western Wayne	4-10.00	4-06.00	1.50
7 Innocenzo, Hailey		Towanda	4-07.00	4-06.00	1.50
9 Krenitsky, Amanda		Western Wayne	5-00.00	J4-06.00	
9 Perry, Teagan		Windsor Central	4-06.00	J4-06.00	
9 Millington, Taylor		Dallas	5-00.00	J4-06.00	
10 Ward, Andrea		Sayre Area	4-06.00	J4-04.00	
10 Hunt, Nicole		Tunkhannock	4-04.00	J4-04.00	
10 Howard, Claire		Wyalusing Va	4-08.00	J4-04.00	
10 Sarno, Erika		Abington Heights	4-06.00	J4-04.00	
10 Hensel, Ashley		Holy Cross H	4-04.00	J4-04.00	
-- Chamberlain, Amber		Troy	4-04.00	NH	
-- Hutchison, Caitlin		Troy	4-02.00	NH	
-- Walker, Britney		Canton		NH	
-- Black, Alyssa		Canton	4-00.00	NH	
-- Schools, Savannah		Wyalusing Va	4-04.00	NH	
-- Clark, Shelby		Canton	4-02.00	NH	
-- Gagliardi, Christine		Holy Cross H	4-06.00	NH	
-- Milnes, Samantha		Elk Lake Hig	4-04.00	NH	
-- Maximovitch, Nicole		Holy Redeeme	4-08.00	NH	
-- Graziano, Kira		Holy Cross H	4-08.00	NH	
-- Beck, Jessica		Athens Area	4-04.00	NH	
-- Kozar, Nikki		Abington Heights	4-06.00	NH	
-- Garay, Britany		Elk Lake Hig	4-06.00	NH	
-- Lewis, Nichole		Montrose	4-06.00	NH	
-- Lewis, Alexandra		Montrose	4-10.00	NH	
-- Henry, Kaitlyn		Sayre Area	4-02.00	NH	
-- Ammerman, Krista		Sayre Area	4-04.00	NH	
-- Wignot, Julia		Holy Redeeme	4-06.00	NH	

2011 Wyalusing Lasagna Invitational - 4/29/2011**Wyalusing Valley Jr/Sr HS****Results****....Girls High Jump**

-- Pope, Alyssa	Holy Redeeme	4-06.00	NH
-- Bellanco, Gabby	Lackawanna Trail	4-02.00	NH

Girls Pole Vault

Meet Record: R 11-06 2008		Mandissa Marshall, Crestwood		
Name	Year School	Seed	Finals	Points
1 Drake, Katie	Blue Ridge	9-06.00	9-00.00	10
2 Skerpon, Elyse	Sayre Area	8-06.00	J9-00.00	7
2 Kerecman, Devan	Holy Cross H	9-09.00	J9-00.00	7
4 Culver, Taylor	Dallas	8-06.00	8-06.00	5
5 Blom, Jacey	Montrose	8-06.00	8-00.00	4
6 Pickering, Kristen	Holy Cross H	8-06.00	7-06.00	3
-- Hemmler, Abby	Western Wayne	7-00.00	NH	
-- Craig, Elizabeth	Troy	7-06.00	NH	
-- Orehek, Cora	Western Wayne	8-00.00	NH	
-- Lantz, Darien	Towanda	7-06.00	NH	
-- Innocenzo, Hailey	Towanda	7-06.00	NH	
-- Gurganus, Mia	Abington Heights	8-00.00	NH	
-- Newton, Taylor	Wyalusing Va	7-06.00	NH	
-- Cobb, Savanna	Wyalusing Va	7-06.00	NH	
-- Black, Emily	Canton	6-06.00	NH	
-- Teeple, Courtney	Western Wayne	7-00.00	NH	
-- Carr, Jessica	Wyalusing Va	8-00.00	NH	
-- Johnson, Sarah	Lackawanna Trail	6-00.00	NH	
-- Spencer, Danielle	Dallas	8-00.00	NH	
-- Wood, Courtney	Lackawanna Trail	6-00.00	NH	
-- Karabin, Chelsea	Elk Lake Hig	7-00.00	NH	
-- Borowski, Genna	Holy Cross H	7-06.00	NH	
-- Timm, Rebecca	Montrose	6-00.00	NH	
-- Kurey, Jessica	Abington Heights	7-06.00	NH	
-- Kshir, Mckayla	North Penn	7-06.00	NH	
-- Sabol, Samantha	Lake Lehman	6-06.00	NH	
-- Blachek, Emily	Montrose	6-00.00	NH	

Girls Long Jump

Meet Record: R 17-11.75 2009		Julia Koloski, Montrose		
Name	Year School	Seed	Finals	Points
1 Szalkowski, Kirby	Dallas	16-05.00	16-02.50	10
2 Maximovitch, Nicole	Holy Redeeme	16-10.00	16-01.50	8
3 Yanchuk, Megan	Troy	16-05.75	16-01.00	6
4 Kromko, Courtney	Western Wayne	16-02.00	16-00.75	5
5 Kerecman, Devan	Holy Cross H	16-01.75	15-05.25	4
6 Ostroski, Sarah	Sayre Area	14-09.00	15-03.50	3
7 Burke, Missy	Abington Heights	15-02.00	15-02.00	2
8 Lewis, Allison	Montrose	15-07.00	15-01.00	1
9 Wignot, Julia	Holy Redeeme	16-05.00	14-11.75	
10 Gronsky, Sarah	Abington Heights	14-11.00	14-11.50	
11 Schulze, Lindsay	Wyalusing Va	14-08.50	14-10.00	
12 Thorpe, Carly	Western Wayne	14-08.00	14-08.25	
13 Faulkner, Kaitlyn	Wyalusing Va	16-03.00	14-07.00	
14 Van Deutsch, Cortlyn	Dallas	15-00.00	14-06.75	

2011 Wyalusing Lasagna Invitational - 4/29/2011**Wyalusing Valley Jr/Sr HS****Results****...Girls Long Jump**

15	Shedden, Louisa	Troy	15-01.00	14-06.50
16	Graziano, Kira	Holy Cross H	17-00.25	14-06.00
17	Mcminn, Tessa	Abington Heights	15-01.00	14-05.50
17	Dougherty, Monica	Athens Area	14-05.50	14-05.50
19	Oley, Kylie	Northeast Bradford	13-07.75	14-04.00
20	Sutton, Kayleen	Wyalusing Va	14-00.00	14-02.00
21	Blom, Jacey	Montrose	15-02.00	14-01.50
22	Lee, Megan	Lake Lehman	13-07.25	14-00.75
23	Hutchison, Caitlin	Troy	14-01.75	13-10.50
24	Pope, Alyssa	Holy Redeeme	14-02.00	13-09.50
25	Gross, Kiera	Dallas	14-06.00	13-09.00
26	Stevens, Jessica	Athens Area	13-10.00	13-08.00
27	Stopper, Danielle	Athens Area	14-02.00	13-07.25
28	Chaffee, Brittany	Blue Ridge	13-09.50	13-05.50
29	Brenchley, Megan	Canton	12-06.75	13-05.00
30	Grasso, Jenn	Tunkhannock	13-04.00	13-04.00
31	Vieira, Alysa	Holy Cross H	13-06.00	13-03.50
32	Wetzel, Megan	North Penn	13-01.00	13-03.25
33	Gibson, Emmie	Montrose	13-08.00	13-02.00
34	Balweirczak, Morgan	Northeast Bradford	13-00.00	13-00.50
35	Bellanco, Gabby	Lackawanna Trail	13-05.00	12-10.25
--	Lapitan, Sara	Canton	10-04.00	ND
--	Nole, Anna	Tunkhannock	14-10.00	ND
--	Bardo, Gemma	Canton		ND
--	Chadwick, Dominique	Mountain View	13-10.50	ND
--	Sember, Dylan	North Penn	13-07.00	ND
--	Pompey, Rachel	Elk Lake Hig	12-01.00	ND
--	Milnes, Samantha	Elk Lake Hig	12-11.50	ND
--	Dreisch, Morgan	Towanda	12-00.00	ND
--	Lantz, Darien	Towanda	12-11.25	ND
--	Robinson, Elisabeth	Northeast Bradford	13-00.00	ND

Girls Triple Jump

=====					
Meet Record:	R 38-06.75	2010	Julia Koloski,	Montrose	
Name	Year	School	Seed	Finals	Points
=====					
1	Van Deutsch, Cortlyn	Dallas	35-09.00	34-02.00	10
2	Krenitsky, Amanda	Western Wayne	33-08.00	34-01.50	8
3	Kromko, Courtney	Western Wayne	34-00.00	33-01.00	6
4	Wignot, Julia	Holy Redeeme	32-05.00	32-08.50	5
5	Maximovitch, Nicole	Holy Redeeme	33-05.00	32-08.00	4
6	Burke, Missy	Abington Heights	33-00.00	32-05.50	3
7	Yanchuk, Megan	Troy	32-03.50	32-03.00	2
8	Lattimore, Myra	Montrose	31-07.00	32-01.50	1
9	Kerecman, Devan	Holy Cross H	32-03.75	31-04.50	
10	Schulze, Lindsay	Wyalusing Va	31-02.75	30-07.50	
11	Mcminn, Tessa	Abington Heights	31-05.00	30-06.50	
12	Thorpe, Carly	Western Wayne	31-06.00	30-06.25	
13	Sarno, Erika	Abington Heights	33-01.00	29-07.25	
14	Oley, Kylie	Northeast Bradford	28-03.75	29-06.00	
14	Furneaux, Aliza	Lackawanna Trail	29-03.00	29-06.00	
16	Gross, Kiera	Dallas	31-08.00	29-05.00	
17	Bellanco, Gabby	Lackawanna Trail	28-10.00	29-03.00	
18	Faux, Brittany	Lake Lehman	30-08.75	29-02.50	

2011 Wyalusing Lasagna Invitational - 4/29/2011**Wyalusing Valley Jr/Sr HS****Results****...Girls Triple Jump**

19 Ostroski, Sarah	Sayre Area	31-10.00	29-01.75
20 Dougherty, Monica	Athens Area	30-05.00	29-01.00
21 Schools, Savannah	Wyalusing Va	28-10.00	28-07.75
22 Stevens, Jessica	Athens Area	29-07.50	28-06.50
23 Neff, Tonya	North Penn	30-08.50	28-05.25
24 Graziano, Kira	Holy Cross H	30-02.00	28-03.50
25 Lewis, Nichole	Montrose	27-08.00	28-03.25
26 Walters, Ariel	Athens Area	29-01.00	27-09.25
27 Flannery, Bridget	Holy Cross H	30-07.75	27-03.00
28 Martin, Lauren	North Penn	28-08.50	26-11.50
29 Neff, Andrea	North Penn	26-09.00	26-11.00
30 Ashley, Bernardi	Holy Redeeme	29-07.00	26-08.25
31 Howard, Claire	Wyalusing Va	25-06.25	26-00.00
32 Hunt, Nicole	Tunkhannock	26-08.00	25-05.75
33 Balweirczak, Morgan	Northeast Bradford	24-02.25	25-04.75
34 Brenchley, Megan	Canton	24-10.00	24-10.00
-- Szalkowski, Kirby	Dallas	33-05.00	ND
-- Pompey, Rachel	Elk Lake Hig	25-05.00	ND
-- Milnes, Samantha	Elk Lake Hig	26-08.75	ND
-- Grasso, Jenn	Tunkhannock	28-02.00	ND
-- Hutchison, Caitlin	Troy	29-08.00	ND
-- Chadwick, Dominique	Mountain View	27-09.25	ND
-- Nole, Anna	Tunkhannock	32-09.00	ND

Girls Shot Put

=====					
Meet Record: R 35-04	2007	Holly Berguson, North Penn			
Name	Year	School	Seed	Finals	Points
=====					
1 Carlsen, Kelsey		Northeast Bradford	33-06.00	32-04.00	10
2 Dean, Erin		Wyalusing Va	29-06.50	31-03.00	8
3 Eby, Keri		Athens Area	32-00.50	30-11.00	6
4 Hagerman, Brittany		Windsor Central	33-02.50	30-09.50	5
5 Hassan, Diana		Western Wayne	31-04.00	29-08.00	4
6 Bush, Megan		Elk Lake Hig	29-11.50	29-03.00	3
7 Flaherty, Sarah		Dallas	30-11.00	J29-03.00	2
8 Berguson, Kirsten		North Penn	32-02.00	J29-03.00	1
9 Zawacki, Gabby		Holy Cross H	28-07.50	28-11.00	
10 Teetsel, Carolyn		Elk Lake Hig	30-10.00	28-01.00	
11 Chapman, Alex		Abington Heights	33-00.00	27-08.00	
12 Holbrook, Holly		Blue Ridge	28-01.00	27-05.00	
13 Watkins, Lydia		Elk Lake Hig	25-00.00	27-04.50	
14 Hughes, Emily		Holy Cross H	29-06.00	27-03.00	
15 Rieutort, Julie		Western Wayne	28-01.00	26-05.00	
16 Smarkusky, Rachel		Lackawanna Trail	27-11.25	26-03.00	
17 Preston, Jordan		Wyalusing Va	27-03.00	26-02.00	
18 Mitrow, Kaitlin		Abington Heights	28-05.00	25-09.00	
19 Runner, Rachel		Lake Lehman	27-10.00	25-04.00	
20 Swingle, Katie		Montrose	25-05.00	24-09.00	
21 King, Angel		Sayre Area	25-05.00	23-06.50	
22 Boich, Fallyn		Holy Redeeme	25-11.00	23-06.00	
22 Maro, Kim		Tunkhannock	25-04.00	23-06.00	
24 Polinski, Sarah		Sayre Area	24-04.00	23-03.00	
25 Mordovancey, Rachel		Montrose	26-02.00	23-00.00	
26 Montgomery, Haley		Canton	24-05.00	22-10.00	

2011 Wyalusing Lasagna Invitational - 4/29/2011**Wyalusing Valley Jr/Sr HS****Results****...Girls Shot Put**

27 Patel, Ria	Towanda	21-06.00	22-08.00
28 Zick, Olivia	Mountain View	30-05.50	22-06.50
29 Norton, Kailee	Wyalusing Va	24-09.00	22-05.00
30 Nicholas, Elizabeth	Holy Redeeme	29-02.00	21-11.00
31 Holmes, Emma	Holy Cross H	28-10.00	21-09.00
32 Thompson, Brianna	Montrose	23-05.00	21-08.00
33 Nero, Patience	Athens Area	28-03.00	21-04.00
34 Kline, Meredith	North Penn	25-06.00	20-09.00
35 Birdsall, Courtney	Troy	22-03.75	20-07.00
36 Bruer, Courtney	Sayre Area	23-04.00	20-04.00
37 roessle, Elena	Mountain View	20-08.75	19-00.00
-- Wanck, Megan	Athens Area	24-02.00	ND
-- Desiderio, Amber	Holy Redeeme	23-04.00	ND
-- Horne, Jen	Abington Heights	27-00.00	ND
-- Lenehan, Mary Alice	Troy	23-03.50	ND
-- Alguire, Gabby	Tunkhannock	28-09.00	ND
-- Edsell, Haley	Northeast Bradford	22-09.50	ND
-- Sutton, Kylee	Towanda	33-01.00	ND

Girls Discus Throw

=====					
Meet Record: R 114-11	2010	Kaylea Zick, Lackawanna Trail			
Name	Year	School	Seed	Finals	Points
=====					
1 Nero, Patience		Athens Area	99-02	100-00.50	10
2 Hughes, Emily		Holy Cross H	107-08	99-04.50	8
3 Zick, Olivia		Mountain View	96-09.50	93-02	6
4 Flaherty, Sarah		Dallas	94-11	91-06.50	5
5 Boich, Fallyn		Holy Redeeme	86-08	88-11	4
6 Bush, Megan		Elk Lake Hig	82-03.75	84-08	3
7 Zawacki, Victoria		Holy Cross H	78-04	82-01.50	2
8 Berguson, Kirsten		North Penn	78-11.25	80-00	1
9 Rieutort, Julie		Western Wayne	83-09	79-06.50	
10 Boyanowski, Denae		Wyalusing Va	76-11	79-05.50	
11 Teetsel, Carolyn		Elk Lake Hig	82-06.25	78-11	
12 Krenitsky, Amanda		Western Wayne	91-03	78-06	
13 Holbrook, Holly		Blue Ridge	83-01	78-03	
14 Stevens, Mariah		Tunkhannock	80-01	77-00	
15 Birdsall, Courtney		Troy	69-02.50	76-09.50	
16 Dean, Erin		Wyalusing Va	72-10	76-07	
17 Ritsick, Brettnye		Lake Lehman	78-00	74-03	
18 Bliss, Marsha		Tunkhannock	70-08	73-06	
19 Mordovancey, Rachel		Montrose	75-05	73-02.50	
20 Hassan, Diana		Western Wayne	80-07	73-01.50	
21 Chapman, Alex		Abington Heights	84-04	72-03.50	
22 Eby, Keri		Athens Area	74-00	71-03	
23 Smarkusky, Rachel		Lackawanna Trail	86-00	70-02	
24 Salaway, Cassie		Lake Lehman	75-05	69-05.50	
25 Fenninger, Dawn		Sayre Area	81-04	69-01	
26 Montgomery, Haley		Canton	62-05.50	69-00.50	
27 Alguire, Gabby		Tunkhannock	68-02	67-03.50	
28 Atherton-Ely, Addie		Canton	59-10.50	67-03	
29 Stopper, Danielle		Athens Area	69-03	65-08	
30 Benscoter, Elizabeth		Elk Lake Hig	68-00	65-01.50	
31 Mitrow, Kaitlin		Abington Heights	70-02	64-02	

2011 Wyalusing Lasagna Invitational - 4/29/2011**Wyalusing Valley Jr/Sr HS****Results****...Girls Discus Throw**

32 Sowl, Sierra	Sayre Area	62-08	63-10.50
33 Ammerman, Krista	Sayre Area	65-00	62-09.50
34 Desiderio, Amber	Holy Redeeme	74-05	58-03.50
35 Edsell, Haley	Northeast Bradford	67-05	56-09.50
36 Patel, Ria	Towanda	68-00	52-11
37 Preston, Jordan	Wyalusing Va	67-01.50	51-03
38 Curley, Callie	Montrose	60-02	47-06.50
39 roessle, Elena	Mountain View	49-09	47-05
40 Wentzell, Kristin	Windsor Central	72-00	7-00
-- Fox, Marina	Abington Heights	75-06	ND
-- Miner, Alicia	Montrose	64-03	ND
-- Nicholas, Elizabeth	Holy Redeeme	75-06	ND
-- Holmes, Emma	Holy Cross H	75-05	ND
-- Sutton, Kylee	Towanda	06-05.50	ND
-- Kravitz, Liz	Dallas	85-03	ND
-- Demarco, Angelica	Windsor Central	76-00	ND
-- Lenehan, Mary Alice	Troy	61-07	ND

Girls Javelin Throw

=====					
Meet Record: R 152-08		2010	Kaitchen Dearborn, Blue Ridge		
Name	Year	School	Seed	Finals	Points
=====					
1 Carlsen, Kelsey		Northeast Bradford	1-00	124-04	10
2 Hughes, Emily		Holy Cross H	117-01	120-02	8
3 Kravitz, Liz		Dallas	02-00.75	111-11	6
4 Boich, Fallyn		Holy Redeeme	111-04	110-06	5
5 Mink, Brittany		Athens Area	100-10	105-06	4
6 Karabin, Chelsea		Elk Lake Hig	94-02	97-09	3
7 Sherman, Diandra		Tunkhannock	98-02	97-05	2
8 Fleming, Ashley		Towanda	98-00	97-04	1
9 Fruehan, Maggie		Abington Heights	85-04	95-09	
10 Lantz, Darien		Towanda	94-00	94-08	
11 Alguire, Gabby		Tunkhannock	106-10	90-04	
12 Desiderio, Amber		Holy Redeeme	94-00	87-05	
13 King, Angel		Sayre Area	90-03	84-08	
14 Zick, Olivia		Mountain View	94-02	84-07	
15 Schools, Savannah		Wyalusing Va	72-09	81-11	
16 Fenninger, Dawn		Sayre Area	83-10	80-00	
17 Borel, Abby		Wyalusing Va	80-00	79-02	
18 Urian, Acacia		Western Wayne	91-03	79-01	
18 Bruer, Courtney		Sayre Area	80-06	79-01	
20 Michalowski, Casey		Tunkhannock	83-04	78-05	
21 Zawacki, Brianna		Holy Cross H	77-11	77-08	
22 Ritsick, Brettnye		Lake Lehman	80-03	77-04	
23 Holbrook, Holly		Blue Ridge	78-10	76-01	
24 Zawacki, Victoria		Holy Cross H	87-01	76-00	
25 Preston, Jordan		Wyalusing Va	90-00	73-05	
26 Abbott, Samantha		Montrose	105-01	73-01	
27 Rieutort, Julie		Western Wayne	79-02	63-09	
28 Stafford, Rachael		Troy	72-00	62-06	
29 Collins, Victoria		Montrose	58-05	61-10	
30 Birdsall, Courtney		Troy	84-10	61-08	
31 Swingle, Katie		Montrose	77-05	61-01	
32 Goetz, Amy		Windsor Central		55-07	

2011 Wyalusing Lasagna Invitational - 4/29/2011**Wyalusing Valley Jr/Sr HS****Results****...Girls Javelin Throw**

33 Edsell, Haley	Northeast Bradford	80-00	54-06
34 Eby, Keri	Athens Area	85-01	53-09
35 Salaway, Cassie	Lake Lehman	77-01	49-08
36 roessle, Elena	Mountain View	49-10	41-02
37 Hagerman, Brittany	Windsor Central		39-06
-- Stopper, Danielle	Athens Area	97-09	ND
-- Wignot, Julia	Holy Redeeme	95-00	ND
-- Kurey, Jessica	Abington Heights	77-09	ND
-- Lenehan, Mary Alice	Troy	84-11	ND

Boys 100 Meter Dash

=====
 Meet Record: R 11.18 2006 Jimmy Chadwick, Wyalusing
 Name Year School Seed Prelims H#
 =====

Preliminaries

1 Colley, Gavin	Tunkhannock	11.00	11.23q	9
2 Tarselli, Seth	Holy Redeeme	11.24	11.34q	6
3 Gawlas, David	Holy Redeeme	11.25	11.42q	5
4 Dagutis, Jesse	Sayre Area	11.23	11.53q	7
5 Siclari, Robbie	Western Wayne	11.44	11.71q	3
6 Neilson, Blake	Towanda	11.40	11.71q	4
7 Johnson, Aaron	Wyalusing Va	11.84	11.79q	7
8 Carr, Austin	Holy Redeeme	11.05	11.85q	8
9 Kendall, Jacob	Sayre Area	12.29	11.86q	9
10 Dawsey, Jordan	Towanda	11.50	11.88q	1
11 Karnopp, Ryan	Tunkhannock	11.70	11.91q	5
12 Stanley, Sean	Blue Ridge	11.60	11.92q	2
13 Ross, Carim	Windsor Central	11.54	12.03	1
14 Henderson, Daniel	Western Wayne	11.84	12.04	9
15 Hart, Aidan	Athens Area	11.94	12.06	4
16 Merli, Joe	Holy Cross H	11.44	12.10	2
17 Adams, Lewis	Wyalusing Va	12.04	12.12	1
18 Baldwin, Mike	Tunkhannock	11.68	12.17	3
19 Carl, Nick	Athens Area	11.79	12.24	7
20 Oldroyd, Marcus	Troy	11.90	12.27	5
21 Kerin, Charlie	Towanda	11.70	12.36	6
21 Ellenberger, Jon	Lake Lehman	12.04	12.36	4
23 Brannon, Mike	Holy Cross H	11.84	12.36	9
24 Debach, Geoffrey	Troy	12.59	12.37	3
25 Blom, Jacob	Montrose	12.20	12.37	5
26 Ace, Timmy	Wyalusing Va	12.74	12.38	4
26 James, Jacob	Blue Ridge	11.90	12.38	6
28 Henzes, Jamie	Abington Heights	11.70	12.43	4
29 Delophase, Remi	Holy Cross H	12.24	12.44	9
30 Greenley, Jeremy	Lackawanna Trail	11.94	12.47	2
31 Sandfort, Christian	Northeast Bradford	12.00	12.50	1
32 Webster, Luke	Athens Area	12.54	12.53	4
33 Eyermon, Dustin	Abington Heights	11.80	12.55	8
34 Thanormthin, Thurn	Elk Lake Hig	12.68	12.59	3
35 Harrison, Josh	Western Wayne	12.04	12.60	2
36 Jannone, Brian	Canton	12.54	12.62	5
37 Cross, Izzy	Mountain View	12.44	12.64	7
38 Griffen, Ismail	Windsor Central	12.04	12.66	3
39 Baker, Bryce	Canton	12.64	12.67	2

2011 Wyalusing Lasagna Invitational - 4/29/2011**Wyalusing Valley Jr/Sr HS****Results****....Boys 100 Meter Dash**

40 Eury, David	Lake Lehman	11.84	12.73	8
41 Wright, Jed	Troy	12.62	12.77	1
42 Weiler, Matthew	Mountain View	11.94	12.79	3
43 Soltis, Tyler	Windsor Central	12.23	12.81	7
44 Murnock, James	Blue Ridge	12.20	12.88	6
45 Connor, Dylan	Sayre Area	12.80	13.01	5
46 Clark, Nate	Montrose	12.50	13.08	6
47 Carter, Nate	Montrose	12.60	13.14	2
48 Miller, Jacob	Canton	13.24	13.38	7
49 Jackson, Ben	North Penn	13.33	13.38	8
50 Jacobs, Brandon	Northeast Bradford	14.00	14.43	9
-- Goodrich, Zack	Lackawanna Trail	12.34	NT	8
-- Obrian, Andrew	Lackawanna Trail	12.24	NT	8
-- Oliver, Marcus	Lake Lehman	13.04	NT	6
-- Houck, Jon	North Penn	12.62	NT	1

Boys 100 Meter Dash

Meet Record: R 11.18 2006 Jimmy Chadwick, Wyalusing

Name	Year	School	Prelims	Finals	H#	Points
------	------	--------	---------	--------	----	--------

Finals

1 Colley, Gavin	Tunkhannock	11.23	11.17R	1	10
2 Tarselli, Seth	Holy Redeeme	11.34	11.26	1	8
3 Dagutis, Jesse	Sayre Area	11.53	11.31	1	6
4 Gawlas, David	Holy Redeeme	11.42	11.44	1	5
5 Neilson, Blake	Towanda	11.71	11.52	1	4
6 Siclari, Robbie	Western Wayne	11.71	11.71	1	3
7 Johnson, Aaron	Wyalusing Va	11.79	11.74	2	2
8 Carr, Austin	Holy Redeeme	11.85	11.76	2	1
9 Kendall, Jacob	Sayre Area	11.86	11.91	2	
10 Stanley, Sean	Blue Ridge	11.92	11.93	2	
11 Dawsey, Jordan	Towanda	11.88	11.94	2	
12 Karnopp, Ryan	Tunkhannock	11.91	12.36	2	

Boys 200 Meter Dash

Meet Record: R 22.92 2010 Gavin Colley, Tunkhannock

Name	Year	School	Seed	Finals	H#	Points
------	------	--------	------	--------	----	--------

1 Colley, Gavin	Tunkhannock	22.92	22.69R	9	10
2 Tarselli, Seth	Holy Redeeme	22.60	23.04	9	8
3 Carr, Austin	Holy Redeeme	23.60	23.46	8	6
4 Gawlas, David	Holy Redeeme	22.80	23.63	9	5
5 Dawsey, Jordan	Towanda	24.00	23.64	7	4
6 Neilson, Blake	Towanda	23.80	23.73	8	3
7 Johnson, Aaron	Wyalusing Va	23.64	23.86	8	2
8 Siclari, Robbie	Western Wayne	23.94	23.93	8	1
9 Baldwin, Mike	Tunkhannock	23.10	24.01	9	
10 Dagutis, Jesse	Sayre Area	23.46	24.03	9	
11 Moore, Brad	Elk Lake Hig	23.64	24.21	8	
12 Griswold, Tony	Windsor Central	24.54	24.36	6	
13 Carl, Nick	Athens Area	23.60	24.43	8	
14 Nelson, Andrew	Holy Cross H	23.24	24.44	9	
15 Kendall, Jacob	Sayre Area	24.37	24.64	7	

2011 Wyalusing Lasagna Invitational - 4/29/2011**Wyalusing Valley Jr/Sr HS****Results****....Boys 200 Meter Dash**

16 Willey, Caleb	Towanda	25.10	24.69	6
17 Hart, Aidan	Athens Area	24.19	24.79	7
18 Heyen, Rob	Holy Cross H	25.10	24.86	5
19 Brannon, Mike	Holy Cross H	24.34	25.04	7
20 Greenley, Jeremy	Lackawanna Trail	25.84	25.05	4
21 Henderson, Daniel	Western Wayne	24.24	25.11	7
22 Debach, Geoffrey	Troy	25.59	25.23	5
23 James, Jacob	Blue Ridge	24.30	25.29	7
24 Weiler, Matthew	Mountain View	24.54	25.29	6
25 Thanormthin, Thurn	Elk Lake Hig	25.35	25.36	5
26 Jannone, Brian	Canton	26.04	25.63	3
27 Ellenberger, Jon	Lake Lehman	25.50	25.78	5
28 Fenton, Eric	Wyalusing Va	26.10	26.08	3
29 Wright, Jed	Troy	26.06	26.12	3
30 Giangrieco, Eric	Blue Ridge	26.00	26.23	4
31 Sperber, Eugene	Windsor Central	25.74	26.25	4
32 Zapolski, Dan	Montrose	25.50	26.31	5
33 Blom, Jacob	Montrose	25.10	26.34	6
34 Kresge, Dakota	Tunkhannock	26.03	26.40	3
35 Pritchyk, Nikolai	Western Wayne	25.50	26.79	5
36 Post, Kyle	Sayre Area	26.80	26.82	2
37 Murnock, James	Blue Ridge	25.60	27.03	4
38 Salmon, Dean	Abington Heights	26.66	27.20	2
39 Legg, Mason	Montrose	26.10	27.28	3
40 Mathers, Levi	Athens Area	27.04	27.45	2
41 Jackson, Ben	North Penn	26.60	27.85	3
42 Wright, Keegan	Canton		28.13	1
43 Brenchley, Max	Canton	30.54	31.12	1
-- Adams, Lewis	Wyalusing Va	24.53	NT	6
-- Eyermon, Dustin	Abington Heights	25.00	NT	6
-- Thiel, Mike	Abington Heights	27.50	NT	2
-- Yale, Zebulin	Troy	25.64	NT	4
-- Marchakitus, Tim	Lake Lehman	35.94	NT	1
-- Jacobs, Brandon	Northeast Bradford	30.00	NT	1
-- Sandfort, Christian	Northeast Bradford	25.89	NT	4
-- Blewett, Trevor	Lackawanna Trail	27.64	NT	2
-- Obrian, Andrew	Lackawanna Trail	26.94	NT	2

Boys 400 Meter Dash

=====						
Meet Record: R 50.15	2010	Sean Carney, Elk Lake				
Name	Year	School	Seed	Finals	H#	Points
=====						
1 Griswold, Tony		Windsor Central	52.74	52.49	9	10
2 Moore, Brad		Elk Lake Hig	52.44	52.99	9	8
3 Kendall, Jacob		Sayre Area	53.24	53.49	9	6
4 Nelson, Andrew		Holy Cross H	52.04	53.57	9	5
5 Carl, Nick		Athens Area	52.50	53.66	9	4
6 Snyder, Colton		Northeast Bradford	54.15	53.82	8	3
7 Oldroyd, Marcus		Troy	54.14	54.29	8	2
8 Nole, Alex		Tunkhannock	54.38	54.70	8	1
9 Larcom, Eddie		Canton	54.94	54.80	8	
10 Gdovin, Eric		Holy Redeeme	55.50	54.90	6	
11 Henzes, Jamie		Abington Heights	54.10	55.14	9	
12 Barber, Mike		Tunkhannock	55.00	55.53	7	

2011 Wyalusing Lasagna Invitational - 4/29/2011**Wyalusing Valley Jr/Sr HS****Results****...Boys 400 Meter Dash**

13 Horne, Ryan	Northeast Bradford	56.69	56.03	5
14 Ellsworth, Greg	Troy	55.64	56.45	6
15 Houck, Jon	North Penn	57.18	56.57	5
16 Wilkins, Logan	Western Wayne	57.14	56.60	5
17 Sutton, Tyler	Wyalusing Va	55.04	56.63	7
18 Stonier, Greg	Blue Ridge	56.40	56.67	6
19 Monks, Craig	Blue Ridge	59.20	56.78	2
20 Amin, Arik	Abington Heights	54.20	57.07	8
21 Ellenberger, Jon	Lake Lehman	56.14	57.14	6
22 Walker, Jj	North Penn	57.35	57.18	4
23 Morgan, Danny	Dallas	55.80	57.47	6
24 Vogel, Steven	Towanda	55.00	57.50	7
25 Giangrieco, Eric	Blue Ridge	57.90	57.58	4
26 Rainey, Ryan	Holy Cross H	58.14	57.78	4
27 Schnoover, Austin	Towanda	55.10	57.91	7
28 Lewis, Tom	Montrose	54.30	58.09	8
29 Susko, Matt	Towanda	56.00	58.11	6
30 Mark, Anderw	Holy Redeeme	59.20	58.16	2
31 Fenton, Eric	Wyalusing Va	56.54	58.39	5
32 Zapolski, Dan	Montrose	58.50	58.60	3
33 Sanger, Brian	Wyalusing Va	59.04	58.61	2
34 Wetzell, Zack	Lackawanna Trail	57.64	58.76	4
35 Bull, Eric	Athens Area	58.14	59.10	4
36 Ventura, Justin	Abington Heights	55.30	59.53	7
37 Webster, Luke	Athens Area	59.54	59.65	2
38 Legg, Mason	Montrose	59.80	1:00.22	1
39 Cicco, Mike	Holy Cross H	59.64	1:00.73	2
40 Crowley, Brett	Mountain View	58.44	1:00.75	3
41 Frantz, Altan	Sayre Area	59.00	1:01.23	3
42 Heft, Robert	Elk Lake Hig	57.14	1:01.81	5
43 Cohick, Brendan	Canton	1:02.90	1:02.19	1
44 Wright, Keegan	Canton	1:00.20	1:02.88	1
45 Jones, Zach	Western Wayne	59.64	1:03.23	2
46 Pritchuk, Nikolai	Western Wayne	58.64	1:03.38	3
47 Kyc, Jeremy	Sayre Area	58.50	1:03.68	3
48 Daly, Connor	Lake Lehman	1:09.14	1:08.97	1
-- Debach, Geoffrey	Troy	58.20	NT	3
-- Proulx, James	Tunkhannock	57.00	NT	5
-- Tabit, Ryan	Holy Redeeme	57.20	NT	4
-- Urban, Anthony	Lackawanna Trail	55.44	NT	7

Boys 800 Meter Run

=====					
Meet Record: R 1:58.14		2010	Matt Oldroyd, Troy		
Name	Year	School	Seed	Finals	Points
=====					
1	Bedell, Michael	Elk Lake Hig	1:56.94	1:56.89R	10
2	Oldroyd, Matt	Troy	2:00.20	1:58.89	8
3	Bevan, Jacob	Lake Lehman	2:03.14	1:59.57	6
4	Damiani, Tom	Tunkhannock	1:58.95	1:59.62	5
5	Balchikonis, Jake	Northeast Bradford	2:01.45	2:01.31	4
6	Carney, Sean	Elk Lake Hig	2:02.94	2:02.61	3
7	Lambert, Timmy	Holy Redeeme	2:04.00	2:02.94	2
8	Siegel, Jake	Tunkhannock	2:03.42	2:03.46	1
9	Vito, Chris	Abington Heights	2:04.14	2:04.21	

2011 Wyalusing Lasagna Invitational - 4/29/2011**Wyalusing Valley Jr/Sr HS****Results****....Boys 800 Meter Run**

10 Higley, Jarrett	Sullivan County	2:02.53	2:04.99
11 Beeman, Scott	Sayre Area	2:08.00	2:07.38
12 Layaou, Glen	Holy Redeeme	2:07.00	2:09.62
13 Devonshire, Brandon	Northeast Bradford	2:08.82	2:10.25
14 Martonik, Joe	Holy Cross H	2:02.89	2:10.42
15 Sutton, Tyler	Wyalusing Va	2:13.45	2:10.45
16 Poklemba, Cory	Athens Area	2:07.50	2:10.75
17 Moss, Kenny	Tunkhannock	2:11.11	2:11.05
18 Mansfield, Ethan	Blue Ridge	2:10.00	2:11.45
19 Neff, James	Abington Heights	2:16.14	2:11.86
20 Travis, Dennis	Windsor Central	2:12.14	2:12.32
21 Knapp, Jordan	Wyalusing Va	2:14.10	2:12.77
22 Hickey, Bryan	Holy Cross H	2:17.74	2:13.29
23 Stonier, Greg	Blue Ridge	2:15.49	2:13.64
24 Haviland, Jordan	Windsor Central	2:15.10	2:13.66
25 Foust, Josh	Holy Redeeme	2:10.00	2:14.05
26 Susko, Matt	Towanda	2:12.71	2:14.26
27 Westerfer, Chris	Troy	2:18.00	2:14.30
28 Hart, Ryan	Wyalusing Va	2:18.60	2:14.32
29 Preston, Chris	Montrose	2:13.00	2:14.63
30 Wetzal, Zack	Lackawanna Trail	2:16.14	2:15.19
31 Sickler, Zack	Athens Area	2:14.30	2:15.28
32 VanLoon, Zach	Lake Lehman	2:17.14	2:15.93
33 Borrero, Manny	Towanda	2:17.28	2:17.04
34 Kreger, Ken	North Penn	2:15.00	2:17.56
35 Houck, Jon	North Penn	2:21.00	2:18.65
36 Wanck, Sam	Athens Area	2:17.00	2:19.00
37 Milner, John	Holy Cross H	2:15.74	2:19.28
38 Walker, Jj	North Penn	2:20.31	2:19.44
39 Porter, Alex	Sayre Area	2:12.21	2:19.56
40 Leonard, Robert	Windsor Central	2:23.14	2:19.82
41 Barbolish, Isaac	Lackawanna Trail	2:30.23	2:20.59
42 Davis, Colinn	Mountain View	2:30.34	2:21.26
43 Clarke, Devon	Lackawanna Trail	2:30.14	2:21.67
44 Laue, Eli	Troy	2:35.00	2:21.87
45 Strein, Chris	Abington Heights	2:26.14	2:23.11
46 Pinkerton, Chris	Lake Lehman	2:26.14	2:23.28
47 Jones, Zach	Western Wayne	2:23.00	2:35.29
48 Cramer, Patrick	Blue Ridge	2:30.00	2:35.30
49 Abercrombie, Lucas	Canton	2:55.60	2:53.32
-- Horne, Ryan	Northeast Bradford	2:12.30	NT
-- Bunner, Blake	Canton	2:09.20	NT
-- Bennett, Will	Elk Lake Hig	2:02.42	NT
-- Wilkins, Logan	Western Wayne	2:15.00	NT

Boys 1600 Meter Run

=====					
Meet Record: R 4:24.92 2010 Reece Ayers, Tunkhannock					
Name	Year	School	Seed	Finals	Points
=====					
1 Bennett, Will		Elk Lake Hig	4:38.00	4:34.15	10
2 Limongelli, Aj		Holy Redeeme	4:38.00	4:35.72	8
3 Robinson, Ben		Tunkhannock	4:35.67	4:36.57	6
4 Galassi, Rico		Holy Cross H	4:47.80	4:38.27	5
5 Novak, David		Tunkhannock	4:42.62	4:38.80	4

2011 Wyalusing Lasagna Invitational - 4/29/2011**Wyalusing Valley Jr/Sr HS****Results****...Boys 1600 Meter Run**

6	Beeman, Scott	Sayre Area	4:42.00	4:43.04	3
7	Despreaux, Zack	Troy	4:42.20	4:44.21	2
8	Drake, Harley	Troy	4:45.00	4:44.64	1
9	Bohan, Kevin	Lake Lehman	4:50.00	4:45.34	
10	Bunner, Blake	Canton	4:48.00	4:47.85	
11	Layaou, Glen	Holy Redeeme	4:45.00	4:48.56	
12	Valoroso, Aaron	Towanda	4:52.45	4:49.00	
13	Travis, Dennis	Windsor Central	4:59.00	4:49.39	
14	Devonshire, Brandon	Northeast Bradford	4:52.00	4:49.97	
15	Hinkley, Jake	Blue Ridge	4:46.00	4:50.40	
16	Woodruff, Aaron	Wyalusing Va	4:53.43	4:50.73	
17	Robbins, Kyle	Troy	4:46.00	4:51.03	
18	Clarke, Justin	Lackawanna Trail	4:56.71	4:51.24	
19	Ayers, Carson	Tunkhannock	5:00.73	4:52.21	
20	Kabcinski, Chris	Holy Redeeme	4:54.00	4:54.45	
21	Haviland, Jordan	Windsor Central	4:59.00	4:55.77	
22	Robbs, Mike	Blue Ridge	4:56.43	4:56.38	
23	Gleckner, Brooks	Canton	5:12.90	4:56.40	
24	Porter, Alex	Sayre Area	4:58.00	4:58.28	
25	Millard, Matt	Athens Area	4:54.02	4:58.60	
26	Kreger, Ken	North Penn	5:07.72	5:02.96	
27	Hart, Ryan	Wyalusing Va	5:14.20	5:07.93	
28	Serfass, Chris	Athens Area	5:14.60	5:09.43	
29	Russell, Brandon	Montrose	5:11.00	5:09.44	
30	Faltynowicz, Joe	Holy Cross H	5:12.60	5:10.07	
31	Carney, Seth	Elk Lake Hig	5:15.01	5:11.78	
32	Clarke, Devon	Lackawanna Trail	5:18.00	5:11.92	
33	Martin, Ryan	Montrose	5:20.00	5:12.72	
34	Barbolish, Isaac	Lackawanna Trail	5:20.00	5:13.64	
35	Brown, Nate	Athens Area	5:17.10	5:17.89	
36	Haggerty, Patrick	Abington Heights	4:55.00	5:20.67	
37	Leonard, Robert	Windsor Central	5:17.00	5:21.01	
38	Brannon, Ryan	Holy Cross H	5:38.70	5:24.02	
39	Fuller, Casey	Western Wayne	5:32.00	5:24.22	
40	Hamilton, Glen	Sullivan County	5:42.00	5:24.35	
41	Faux, Nathan	Western Wayne	5:28.00	5:27.19	
42	Cramer, Patrick	Blue Ridge	5:30.00	5:27.32	
43	Higley, Allen	Sullivan County	5:36.40	5:30.76	
44	Miller, Anthony	Mountain View	5:55.00	5:34.41	
45	Serafini, Cameron	Sullivan County	5:46.00	5:36.75	
46	Kusmierz, Mark	Wyalusing Va	5:32.50	5:38.60	
47	Purdy, Mike	Mountain View	5:37.00	5:41.07	
48	Marshall, Chris	Sayre Area	5:12.00	5:48.24	
49	Haddon, Brandon	Western Wayne	5:50.00	5:48.63	
50	Erway, Ben	North Penn	6:04.00	6:15.90	
51	Abercrombie, Lucas	Canton	6:33.00	6:18.41	
--	Ayotte, Ryan	Northeast Bradford	5:55.00	NT	
--	Grosvenor, Brad	Elk Lake Hig	5:50.00	NT	
--	Adams, Jess	Dallas	4:36.00	NT	

2011 Wyalusing Lasagna Invitational - 4/29/2011**Wyalusing Valley Jr/Sr HS****Results****Boys 3200 Meter Run**

=====					
Meet Record: R 9:37.85		2010	Reece Ayers, Tunkhannock		
Name	Year	School	Seed	Finals	Points
=====					
1	Christian, Joey	Towanda	10:00.00	9:32.65R	10
2	Jewett, Curt	Northeast Bradford	9:48.43	9:38.52	8
3	Burke, Sean	Abington Heights	9:52.00	9:39.52	6
4	Williams, Sam	Northeast Bradford	9:55.41	9:40.20	5
5	Wilkinson, Aaron	Valley View	9:47.10	9:43.01	4
6	Jones, Luke	Elk Lake Hig	9:51.20	9:50.23	3
7	Robinson, Ben	Tunkhannock	9:59.00	9:52.43	2
8	Tewksbury, Stephan	Wyalusing Va	9:59.45	9:54.33	1
9	Upham, Kent	Northeast Bradford	10:00.24	9:58.19	
10	Svoboda, Brian	Windsor Central	10:36.00	9:58.37	
11	Despreaux, Zack	Troy	10:03.82	10:06.01	
12	Drake, Harley	Troy	10:34.00	10:09.42	
13	Valoroso, Aaron	Towanda	10:38.20	10:11.92	
14	Loomis, John	Tunkhannock	11:20.00	10:17.85	
15	Galassi, Rico	Holy Cross H	10:30.20	10:20.68	
16	Hinkley, Jake	Blue Ridge	10:24.12	10:26.15	
17	Ford, Mitchel	Holy Redeeme	10:19.00	10:32.12	
18	Mcmahon, Ryan	Windsor Central	11:00.00	10:32.39	
19	Robbins, Kyle	Troy	10:38.00	10:34.04	
20	Pastore, Mike	Holy Cross H	10:41.01	10:39.46	
21	Murthy, Vinay	Holy Redeeme	10:30.00	10:40.68	
22	Ayers, Carson	Tunkhannock	11:11.00	10:43.54	
23	Millard, Matt	Athens Area	10:49.00	10:46.51	
24	Clarke, Justin	Lackawanna Trail	10:58.62	10:47.86	
25	Gleckner, Brooks	Canton	11:08.50	10:48.11	
26	Woodruff, Aaron	Wyalusing Va	11:06.78	10:48.23	
27	Brown, Nate	Athens Area	11:33.30	11:23.80	
28	Martin, Ryan	Montrose	11:30.00	11:25.20	
29	Russell, Brandon	Montrose	11:15.00	11:25.93	
30	Serfass, Chris	Athens Area	11:41.90	11:35.54	
31	Fuller, Casey	Western Wayne	12:15.00	11:38.11	
32	Miller, Anthony	Mountain View	12:47.70	11:41.46	
33	Kusmierz, Mark	Wyalusing Va	11:59.20	11:47.39	
34	Dietrick, Bryant	Elk Lake Hig	11:51.00	11:58.95	
35	Marshall, Chris	Sayre Area	11:46.00	12:06.94	
36	Rojek, Alex	Holy Cross H	12:21.70	12:12.11	
37	Faux, Nathan	Western Wayne	12:10.00	12:24.29	
38	Esposito, Lewis	Blue Ridge	13:03.00	12:32.85	
--	Sutton, Kieran	Lake Lehman	11:32.00	NT	
--	Adams, Jess	Dallas	9:45.56	NT	
--	Limongelli, Aj	Holy Redeeme	10:15.00	NT	
--	Porter, Alex	Sayre Area	11:00.00	NT	
--	Robbs, Mike	Blue Ridge	10:52.90	NT	

Boys 110 Meter Hurdles

=====					
Meet Record: R 14.85		2009	Robert Gawlas, Holy Redeemer		
Name	Year	School	Seed	Prelims	H#
=====					
Preliminaries					
1	Pane, Kyle	Athens Area	15.24	15.20q	5
2	Razawich, Zach	Holy Redeeme	15.44	15.93q	4

2011 Wyalusing Lasagna Invitational - 4/29/2011**Wyalusing Valley Jr/Sr HS****Results****...Boys 110 Meter Hurdles**

3	Kruger, Zach	Blue Ridge	15.19	15.94q	6
4	Miner, Bradley	Athens Area	16.04	16.22q	3
5	Milner, Albert	Holy Cross H	16.04	16.63q	2
6	Nance, Jacob	North Penn	16.73	16.83q	2
7	VanLeuven, Nicholas	Western Wayne	16.54	17.20q	1
8	Swezey, Nate	Windsor Central	17.04	17.43q	4
9	Pettigrew, Zach	Canton	17.24	17.47q	5
10	Pane, Nick	Athens Area	16.44	17.50q	1
11	Berger, James	Western Wayne	16.74	17.69q	3
12	Frankenfield, Dan	Wyalusing Va	17.58	17.79q	6
13	Dibble, Jeremy	Montrose	17.40	17.88	6
14	Helcoski, Kory	Abington Heights	17.64	18.39	3
15	Stang, Ben	Elk Lake Hig	17.64	18.45	4
16	Harris, Dylan	Lackawanna Trail	17.84	18.52	1
17	Whitehead, Chris	Canton	18.84	18.62	1
18	Gowin, Trevor	Elk Lake Hig	17.72	18.78	2
19	Shandra, Colin	Holy Redeeme	19.65	19.09	5
20	Logan, Cody	Towanda	19.50	19.15	4
21	Proulx, James	Tunkhannock	19.00	19.30	3
22	Mccauly, Mike	North Penn	19.92	19.32	5
23	Ide, Nick	Tunkhannock	19.00	19.87	2
24	Pfahl, Bobby	Mountain View	19.94	20.30	4
25	Poost, Stephan	Wyalusing Va	19.69	20.53	6
26	Shaw, Eric	Wyalusing Va	20.47	20.72	1
27	Resse, Jamie	Lackawanna Trail	17.64	20.74	5
28	Hodge, Trevor	Troy	21.00	20.75	2
29	Esposito, Chris	Holy Cross H	20.64	21.21	1
30	Willis, Austin	Sayre Area	21.20	21.35	4
31	Doolittle, Logan	Windsor Central	21.24	21.40	5
32	McNamara, Aaron	Montrose	19.80	21.51	6
33	Best, David	Troy	21.00	22.11	3
34	Hastie, Angelo	Holy Cross H	21.44	22.31	6
35	Pratt, Dustin	Montrose	20.40	22.34	2
--	Seibert, Steven	Towanda	20.11	NT	3

Boys 110 Meter Hurdles

=====
 Meet Record: R 14.85 2009 Robert Gawlas, Holy Redeemer

Name	Year	School	Prelims	Finals	H#	Points
=====						
Finals						
1		Pane, Kyle	Athens Area	15.20	15.14	1 10
2		Razawich, Zach	Holy Redeeme	15.93	15.58	1 8
3		Kruger, Zach	Blue Ridge	15.94	15.59	1 6
4		Miner, Bradley	Athens Area	16.22	16.11	1 5
5		Milner, Albert	Holy Cross H	16.63	16.24	1 4
6		Pane, Nick	Athens Area	17.50	16.72	2 3
7		Berger, James	Western Wayne	17.69	16.87	2 2
8		Pettigrew, Zach	Canton	17.47	17.10	2 1
9		Swezey, Nate	Windsor Central	17.43	17.23	2
10		Nance, Jacob	North Penn	16.83	17.43	1
11		VanLeuven, Nicholas	Western Wayne	17.20	17.52	2
--		Frankenfield, Dan	Wyalusing Va	17.79	DNF	2

2011 Wyalusing Lasagna Invitational - 4/29/2011

Wyalusing Valley Jr/Sr HS

Results

Boys 300 Meter Hurdles

Meet Record: R 39.69 2010		Zack Kruger, Blue Ridge				
Name	Year	School	Seed	Finals	H#	Points
1	Kruger, Zach	Blue Ridge	39.69	40.70	8	10
2	Berger, James	Western Wayne	43.50	42.51	8	8
3	Pane, Kyle	Athens Area	42.60	43.24	8	6
4	Razawich, Zach	Holy Redeeme	43.00	43.36	8	5
5	Milner, Albert	Holy Cross H	43.74	43.99	8	4
6	Miner, Bradley	Athens Area	43.84	44.06	8	3
7	Nole, Alex	Tunkhannock	44.90	44.30	7	2
8	VanLeuven, Nicholas	Western Wayne	44.00	44.45	7	1
9	Pane, Nick	Athens Area	44.41	44.48	7	
10	Mcpherson, Isaiah	Northeast Bradford	44.45	44.82	7	
11	Pettigrew, Zach	Canton	47.14	45.25	5	
12	Swezey, Nate	Windsor Central	47.14	45.43	6	
13	Strohecker, Alex	North Penn	44.43	45.73	7	
14	Dibble, Jeremy	Montrose	44.80	45.77	7	
15	Harris, Dylan	Lackawanna Trail	48.04	46.11	4	
16	Frankenfield, Dan	Wyalusing Va	45.39	46.40	6	
17	Gowin, Trevor	Elk Lake Hig	45.74	46.45	6	
18	Ingaglio, Raphael	Western Wayne	45.50	46.53	6	
19	Poost, Stephan	Wyalusing Va	47.94	46.57	5	
20	Resse, Jamie	Lackawanna Trail	47.95	46.90	5	
21	Stang, Ben	Elk Lake Hig	45.04	46.98	6	
22	Hodge, Trevor	Troy	47.81	46.99	5	
23	Shandra, Colin	Holy Redeeme	50.94	47.34	3	
24	Proulx, James	Tunkhannock	44.90	47.39	6	
25	Pfahl, Bobby	Mountain View	49.04	47.68	4	
26	Helcoski, Kory	Abington Heights	47.34	48.12	5	
27	Best, David	Troy	49.83	48.28	3	
28	Mccauly, Mike	North Penn	49.31	48.51	3	
29	Shaw, Eric	Wyalusing Va	51.96	48.53	2	
30	Ide, Nick	Tunkhannock	49.00	49.20	4	
31	Cain, mike	Towanda	49.00	49.31	4	
32	McNamara, Aaron	Montrose	52.30	49.53	2	
33	Sparbanie, Brad	Towanda	48.13	49.58	4	
34	Whitehead, Chris	Canton	50.24	50.01	3	
35	Miller, Shane	Troy	51.00	50.06	3	
36	Seabrook, Kristian	Windsor Central	57.04	50.88	1	
37	Willis, Austin	Sayre Area	54.00	50.97	2	
38	Wampole, Adam	Sayre Area	57.00	51.62	1	
39	Esposito, Chris	Holy Cross H	51.64	52.23	2	
40	Sicurella, Vito	Lake Lehman	1:00.14	57.77	1	
--	Pratt, Dustin	Montrose	54.10	NT	2	
--	Eury, David	Lake Lehman	49.14	NT	3	
--	Hildebrandt, Greg	Towanda	47.78	NT	5	
--	Schwartzrauber, Jeremy	Elk Lake Hig	48.63	NT	4	
--	Salmon, Mike	Holy Cross H	54.74	NT	2	

2011 Wyalusing Lasagna Invitational - 4/29/2011

Wyalusing Valley Jr/Sr HS

Results

Boys 4x100 Meter Relay

Meet Record: R 43.53 2010 , Tunkhannock
Gannon/Caines/Baldwin/Thomas

School	Seed	Finals	H#	Points
1 Holy Redeemer High School 'A'	44.40	44.27	3	10
1) Gawlas, David				
2) Tarselli, Seth				
3) Capaci, Jeff				
4) Carr, Austin				
2 Blue Ridge 'A'	45.50	44.90	3	8
1) Kempa, Dan				
2) Kruger, Zach				
3) Stanley, Sean				
4) James, Jacob				
3 Towanda 'A'	45.50	45.10	3	6
1) Dawsey, Jordan				
2) Neilson, Blake				
3) Willey, Caleb				
4) Kerin, Charlie				
4 Tunkhannock 'A'	43.70	46.00	3	5
1) Colley, Gavin				
2) Baldwin, Mike				
3) Karnopp, Ryan				
4) Auriemma, Nick				
5 Holy Cross High School 'A'	46.70	46.84	2	4
1) Merli, Joe				
2) Brannon, Mike				
3) Delophase, Remi				
4) Inirio, Peter				
6 Western Wayne 'A'	46.00	46.87	3	3
1) Wilkins, Logan				
2) Siclari, Robbie				
3) Henderson, Daniel				
4) Harrison, Josh				
7 Athens Area 'A'	46.60	46.89	3	2
1) Pane, Kyle				
2) Miner, Bradley				
3) Mikaya, Zach				
4) Hart, Aidan				
8 Wyalusing Valley Area 'A'	46.84	47.17	2	1
1) Miller, Ryan				
2) Allyn, Tucker				
3) Adams, Lewis				
4) Kuntz, Timmy				
9 Northeast Bradford 'A'	47.90	48.07	2	
1) Fager, Paul				
2) Sandfort, Christian				
3) Mcpherson, Isaiah				
4) Snyder, Colton				
10 Troy 'A'	48.27	48.14	2	
1) Best, David				
2) Ellsworth, Greg				
3) Yale, Zebulin				
4) Wright, Jed				
11 Windsor Central 'A'	48.40	48.56	1	
1) O-Malley, Greg				
2) Soltis, Tyler				
3) Griffen, Ismail				
4) Ross, Carim				
12 Canton 'A'	49.90	48.58	1	
13 Sayre Area 'A'	48.50	48.80	1	
14 Montrose 'A'	47.90	48.81	2	
1) Wheaton, Cole				
2) Blom, Jacob				
3) Adams, Corey				
4) Carter, Nate				
15 Mountain View 'A'	48.10	49.44	2	
1) Weiler, Matthew				
2) Davis, Colinn				
3) Pfahl, Bobby				
4) Cross, Izzy				
16 Lackawanna Trail 'A'	49.90	55.54	1	
1) Barbolish, Aaron				
2) Resse, Jamie				
3) Urban, Anthony				
4) Greenley, Jeremy				

2011 Wyalusing Lasagna Invitational - 4/29/2011

Wyalusing Valley Jr/Sr HS

Results

Boys 4x400 Meter Relay

Meet Record: R 3:26.96 2008		, Dallas		Haughwout/Daily/Mazur/Suponicic	
School	Seed	Finals	H#	Points	
1 Elk Lake High School 'A'	3:35.29	3:32.12	3	10	
1) Carney, Sean		2) Bedell, Michael			
3) Grosvenor, Bryan		4) Bennett, Will			
2 Tunkhannock 'A'	3:36.53	3:36.19	3	8	
1) Damiani, Tom		2) Siegel, Jake			
3) Nole, Alex		4) Barber, Mike			
3 Blue Ridge 'A'	3:41.40	3:38.14	2	6	
1) Kempa, Dan		2) Kruger, Zach			
3) Carlsen, Chris		4) James, Jacob			
4 Sayre Area 'A'	3:40.00	3:38.81	3	5	
5 Troy 'A'	3:35.00	3:39.17	3	4	
1) Oldroyd, Matt		2) Oldroyd, Marcus			
3) Ellsworth, Greg		4) Westerfer, Chris			
6 Holy Redeemer High School 'A'	3:43.90	3:39.54	2	3	
1) Gawlas, David		2) Tarselli, Seth			
3) Lambert, Timmy		4) Capaci, Jeff			
7 Northeast Bradford 'A'	3:39.00	3:40.01	3	2	
1) Balchikonis, Jake		2) Mcpherson, Isaiah			
3) Snyder, Colton		4) Robbins, Rob			
8 Holy Cross High School 'A'	3:41.40	3:42.19	2	1	
1) Martonik, Joe		2) Rainey, Ryan			
3) Nelson, Andrew		4) Heyen, Rob			
9 Abington Heights 'A'	3:44.00	3:43.16	2		
1) Strein, Chris		2) Amin, Arik			
3) Vito, Chris		4) Neff, James			
10 Towanda 'A'	3:38.00	3:45.03	3		
1) Dawsey, Jordan		2) Schnoover, Austin			
3) Willey, Caleb		4) Vogel, Steven			
11 Montrose 'A'	3:52.00	3:49.78	1		
1) Preston, Chris		2) Lewis, Tom			
3) Dibble, Jeremy		4) Zapolski, Dan			
12 Windsor Central 'A'		3:50.75	1		
1) Griswold, Tony		2) Sperber, Eugene			
3) Baxter, Nicholas		4) Travis, Matt			
13 Canton 'A'	3:54.30	3:50.80	1		
14 Athens Area 'A'	3:43.34	3:55.34	2		
1) Miner, Bradley		2) Poklemba, Cory			
3) Pane, Nick		4) Carl, Nick			
15 Mountain View 'A'	3:54.00	3:56.84	1		
1) Weiler, Matthew		2) Davis, Colinn			
3) Crowley, Brett		4) Pfahl, Bobby			
16 North Penn 'A'	4:02.62	3:57.04	1		
1) Nance, Jacob		2) Houck, Jon			
3) Strohecker, Alex		4) Remley, Evin			
17 Lackawanna Trail 'A'	3:50.00	4:02.41	1		
1) Barbolish, Aaron		2) Resse, Jamie			
3) Barbolish, Isaac		4) Clarke, Devon			
18 Wyalusing Valley Area 'A'	3:45.00	4:04.95	2		
1) Sutton, Tyler		2) Haefka, Ben			
3) Frankenfield, Dan		4) Brigham, Adam			

2011 Wyalusing Lasagna Invitational - 4/29/2011**Wyalusing Valley Jr/Sr HS****Results****Boys 4x800 Meter Relay**

Meet Record: R 8:03.49 2010 , Elk Lake Carney/Grosvenor/Bedell/Williams				
School	Seed	Finals	Points	
1 Elk Lake High School 'A'	8:13.09	8:02.06R	10	
1) Carney, Sean				2) Bedell, Michael
3) Grosvenor, Bryan				4) Bennett, Will
2 Tunkhannock 'A'	8:26.15	8:08.36	8	
1) Damiani, Tom				2) Robinson, Ben
3) Siegel, Jake				4) Nole, Alex
3 Holy Redeemer High School 'A'	8:27.00	8:21.63	6	
1) Lambert, Timmy				2) Capaci, Jeff
3) Layaou, Glen				4) J Limongelli, A
4 Northeast Bradford 'A'	8:24.02	8:23.61	5	
1) Upham, Kent				2) Balchikonis, Jake
3) Jewett, Curt				4) Williams, Sam
5 Abington Heights 'A'	8:50.00	8:25.66	4	
1) Burke, Sean				2) Amin, Arik
3) Vito, Chris				4) Arcangelo, Matt
6 Troy 'A'	8:25.92	8:32.79	3	
1) Oldroyd, Matt				2) Robbins, Kyle
3) Despreaux, Zack				4) Drake, Harley
7 Holy Cross High School 'A'	8:43.20	8:43.25	2	
1) Martonik, Joe				2) Milner, John
3) Hastie, Antonio				4) Galassi, Rico
8 Wyalusing Valley Area 'A'	8:50.00	8:46.05	1	
1) Tewksbury, Stephan				2) Sutton, Tyler
3) Knapp, Jordan				4) Woodruff, Aaron
9 Blue Ridge 'A'	9:10.67	8:46.79		
1) Stonier, Greg				2) Mansfield, Ethan
3) Robbs, Mike				4) Hinkley, Jake
10 Towanda 'A'	9:06.19	9:08.44		
1) Borrero, Manny				2) Valoroso, Aaron
3) Hildebrandt, Greg				4) Christian, Joel
11 Athens Area 'A'	9:44.80	9:46.03		
1) Wanck, Sam				2) Sickler, Zack
3) Chapman, Ryan				4) Poklemba, Cory

Boys High Jump

Meet Record: R 6-04 Wignot/Passetti, Holy Redeemer/Abington H				
Name	Year School	Seed	Finals	Points
1 Robbins, Rob	Northeast Bradford	6-02.00	6-00.00	10
2 Allyn, Tucker	Wyalusing Va	6-02.00	5-10.00	8
3 Mikaya, Zach	Athens Area	5-10.00	J5-10.00	6
4 Wheaton, Cole	Montrose	5-11.00	5-08.00	5
5 Kyc, Jeremy	Sayre Area	5-10.00	J5-08.00	3.50
5 Nance, Jacob	North Penn	6-02.00	J5-08.00	3.50
7 Card, Riley	Sayre Area	5-10.00	J5-08.00	2
8 Vermeulen, Jason	Elk Lake Hig	5-07.00	5-06.00	1
9 Bunner, Austin	Canton	5-10.00	J5-06.00	
10 Tomasura, Zach	Holy Redeeme	5-06.00	5-04.00	
10 DeWitt, Jimmy	Tunkhannock	5-04.00	5-04.00	
10 McDonald, Chris	Wyalusing Va	5-06.00	5-04.00	

2011 Wyalusing Lasagna Invitational - 4/29/2011**Wyalusing Valley Jr/Sr HS****Results****....Boys High Jump**

10 Clark, Garrett	Athens Area	5-04.00	5-04.00
10 Banas, Mike	Holy Redeeme	5-06.00	5-04.00
-- Voegtlen, Johann	Troy	5-04.00	NH
-- Longwell, Rex	Troy	5-00.00	NH
-- Serrano-mcewen, Jake	Towanda	5-02.00	NH
-- Bradley, Justin	Troy	5-00.00	NH
-- Logan, Cody	Towanda	5-06.00	NH
-- Poost, Stephan	Wyalusing Va	5-06.00	NH
-- Siclari, Robbie	Western Wayne	5-10.00	NH
-- Lattimer, Jesse	Canton	5-08.00	NH
-- Felker, Philip	Tunkhannock	5-06.00	NH
-- Atkins, Nikolas	Tunkhannock	5-06.00	NH
-- Rhodes, Johnny	Western Wayne	5-00.00	NH
-- Milner, John	Holy Cross H	5-06.00	NH
-- Schwartzrauber, Jeremy	Elk Lake Hig	5-06.00	NH
-- Harris, Dylan	Lackawanna Trail	5-08.00	NH
-- Bond, James	Holy Redeeme	5-04.00	NH
-- Mathers, Levi	Athens Area	5-02.00	NH
-- Passetti, Dylan	Abington Heights	5-04.00	NH
-- Dutter, Zack	Dallas	5-06.00	NH
-- Fitzpatrick, Jake	Abington Heights	5-10.00	NH
-- Devonshire, Brandon	Northeast Bradford	5-06.00	NH
-- Hill, Corey	Towanda	5-05.00	NH
-- Wampole, Walter	Sayre Area	5-00.00	NH
-- Lewis, Tom	Montrose	5-04.00	NH
-- Adams, Corey	Montrose	5-02.00	NH
-- Bonin, Todd	Northeast Bradford	5-04.00	NH

Boys Pole Vault

=====					
Meet Record: R 14-06 2010		Dylan Miller, Towanda			
Name	Year School	Seed	Finals	Points	
=====					
1 Hildebrandt, Greg	Towanda	12-03.00	12-09.00	10	
2 Vales, Nick	Susquehanna	12-06.00	12-03.00	8	
3 Karnopp, Ryan	Tunkhannock	12-06.00	11-09.00	6	
4 Dibble, Jeremy	Montrose	11-06.00	11-03.00	5	
5 Kuntz, Timmy	Wyalusing Va	10-00.00	J11-03.00	4	
6 Fitzpatrick, Jake	Abington Heights	11-06.00	J11-03.00	3	
7 Baker, Bryce	Canton	10-09.00	10-09.00	2	
8 Schwartzrauber, Jeremy	Elk Lake Hig	11-03.00	10-03.00	1	
9 Edwards, Zach	Blue Ridge	10-00.00	J10-03.00		
9 Stang, Aaron	Elk Lake Hig	11-00.00	J10-03.00		
10 Murphy, Lucas	Sayre Area	9-00.00	J9-09.00		
10 DeWitt, Jimmy	Tunkhannock	10-00.00	J9-09.00		
10 Ingaglio, Raphael	Western Wayne	10-00.00	J9-09.00		
-- Monahan, Mason	Towanda	9-06.00	NH		
-- Davis, Ben	Tunkhannock	10-00.00	NH		
-- Haefka, Ben	Wyalusing Va	10-06.00	NH		
-- O-Malley, Greg	Windsor Central	10-00.00	NH		
-- Zionkowski, Jimmy	Wyalusing Va	9-06.00	NH		
-- Harrison, Josh	Western Wayne	9-00.00	NH		
-- Troiano, Ryan	Western Wayne	9-00.00	NH		
-- Simmons, Dylan	Elk Lake Hig	10-00.00	NH		
-- Poklamba, Cory	Athens Area	10-06.00	NH		

2011 Wyalusing Lasagna Invitational - 4/29/2011**Wyalusing Valley Jr/Sr HS****Results****...Boys Pole Vault**

-- Barbolish, Aaron	Lackawanna Trail	12-00.00	NH
-- Pane, Kyle	Athens Area	9-06.00	NH
-- Fazio, James	Abington Heights	10-00.00	NH
-- Pane, Nick	Athens Area	8-06.00	NH
-- Velazquez, Juan	Sayre Area	9-06.00	NH
-- Purdy, Mike	Mountain View	9-00.00	NH
-- Gerrity, Skylar	Towanda	11-06.00	NH
-- Blewett, Trevor	Lackawanna Trail	9-00.00	NH
-- Russell, Brandon	Montrose	10-00.00	NH

Boys Long Jump

Meet Record: R 23-00 2009		Cody DeBoer, Montrose			
Name	Year School	Seed	Finals	Points	
1 Colley, Gavin	Tunkhannock	20-08.50	20-10.50	10	
2 Adams, Lewis	Wyalusing Va	20-00.50	20-06.75	8	
3 Felker, Philip	Tunkhannock	20-00.00	20-04.00	6	
4 Wheaton, Cole	Montrose	20-03.00	19-10.00	5	
5 Ross, Carim	Windsor Central	19-10.00	19-09.50	4	
6 Nelson, Andrew	Holy Cross H	20-10.50	19-09.00	3	
7 Stanley, Sean	Blue Ridge	20-00.75	19-08.75	2	
8 Sandfort, Christian	Northeast Bradford	19-01.00	18-11.75	1	
9 Simonovitch, Jason	Dallas	19-04.00	18-08.00		
10 Heyen, Rob	Holy Cross H	18-00.00	18-02.75		
11 Robbins, Rob	Northeast Bradford	20-03.00	18-02.50		
12 Carlsen, Chris	Blue Ridge	19-02.00	18-02.00		
13 Johnson, Aaron	Wyalusing Va	19-02.00	18-01.75		
14 Cross, Izzy	Mountain View	16-09.00	18-00.75		
15 Tomasura, Zach	Holy Redeeme	19-02.00	18-00.50		
15 Berger, James	Western Wayne	18-05.00	18-00.50		
17 Menta, Jaryd	Windsor Central	18-06.00	17-11.50		
18 Vermeulen, Jason	Elk Lake Hig	18-00.00	17-10.75		
19 Bradley, Justin	Troy	17-10.00	17-09.00		
20 Blom, Jacob	Montrose	18-10.00	17-08.25		
21 Lattimer, Jesse	Canton	18-02.50	17-08.00		
21 Clark, Garrett	Athens Area	18-02.00	17-08.00		
23 Fager, Paul	Northeast Bradford	17-10.00	17-07.00		
23 Novitski, Jared	Lake Lehman	17-06.25	17-07.00		
25 Hill, Corey	Towanda	18-02.25	17-06.00		
26 Banas, Mike	Holy Redeeme	18-05.00	17-05.50		
26 Serrano-mcewen, Jake	Towanda	17-10.00	17-05.50		
28 Mikaya, Zach	Athens Area	19-01.00	17-03.50		
29 Frankenfield, Dan	Wyalusing Va	18-03.00	17-02.50		
30 Beekman, Kyle	Holy Cross H	16-11.00	17-02.25		
31 Connor, Dylan	Sayre Area	17-09.00	17-01.75		
32 Karnick, Cameron	Western Wayne	18-06.00	16-11.75		
33 Monks, Craig	Blue Ridge	18-07.00	16-08.00		
34 King, Dylan	Windsor Central	16-09.00	16-07.25		
35 Weaver, Jonathan	Dallas	18-08.00	16-06.00		
36 Wert, David	Holy Redeeme	17-05.00	16-05.00		
37 Adams, Corey	Montrose	16-05.00	16-04.75		
38 Longwell, Rex	Troy	16-07.50	16-04.25		
39 Voegtlen, Johann	Troy	17-05.50	16-03.25		
40 Eyermon, Dustin	Abington Heights	17-08.00	16-02.25		

2011 Wyalusing Lasagna Invitational - 4/29/2011**Wyalusing Valley Jr/Sr HS****Results****...Boys Long Jump**

41 Cohick, Brendan	Canton	15-01.00	16-01.50
42 Vogel, Steven	Towanda	17-00.00	15-10.00
43 Kozloski, Ryan	Dallas	18-03.00	15-09.00
43 Eury, David	Lake Lehman	16-06.00	15-09.00
-- Greenley, Jeremy	Lackawanna Trail	17-04.00	ND
-- Nance, Jacob	North Penn	18-01.00	ND
-- Woolcock, Joe	Elk Lake Hig	18-09.00	ND
-- Goodrich, Matt	Lackawanna Trail	15-09.00	ND
-- Karnopp, Ryan	Tunkhannock	19-05.00	ND
-- Henderson, Daniel	Western Wayne	18-00.00	ND
-- Kyc, Jeremy	Sayre Area	17-09.00	ND
-- Wampole, Walter	Sayre Area	16-00.00	ND

Boys Triple Jump

Meet Record: R 45-07 2009		Jarred Gambrell, Athens		
Name	Year School	Seed	Finals	Points
1 Atkins, Nikolas	Tunkhannock	43-03.00	42-06.75	10
2 Simonovitch, Jason	Dallas	44-03.50	41-01.50	8
3 Stanley, Sean	Blue Ridge	40-02.00	41-01.25	6
4 Dagutis, Jesse	Sayre Area	40-11.50	40-11.00	5
5 Kozloski, Ryan	Dallas	40-08.00	40-06.75	4
6 Berger, James	Western Wayne	38-08.00	39-07.00	3
7 Carlsen, Chris	Blue Ridge	38-08.75	38-11.50	2
8 Martonik, Joe	Holy Cross H	39-03.75	38-08.75	1
9 Wheaton, Cole	Montrose	39-05.00	38-08.00	
10 Tomasura, Zach	Holy Redeeme	38-02.00	37-11.00	
11 Logan, Cody	Towanda	39-11.00	37-05.00	
12 Willey, Caleb	Towanda	37-02.00	36-11.00	
13 Felker, Philip	Tunkhannock	40-05.25	36-10.50	
13 Clark, Garrett	Athens Area	37-07.75	36-10.50	
15 Serrano-mcewen, Jake	Towanda	37-08.00	36-04.50	
16 Milner, Albert	Holy Cross H	37-00.00	36-02.25	
17 Menta, Jaryd	Windsor Central	37-06.00	36-00.50	
18 McDonald, Chris	Wyalusing Va	36-11.00	35-11.00	
19 Novitski, Jared	Lake Lehman	37-04.00	35-08.75	
20 Cross, Izzy	Mountain View	36-08.00	35-07.25	
21 Rupakus, Bill	Blue Ridge	36-00.50	35-04.00	
21 Fager, Paul	Northeast Bradford	32-08.00	35-04.00	
23 King, Jeff	Tunkhannock	36-07.75	35-01.25	
24 Longwell, Rex	Troy	34-07.25	35-01.00	
25 Bond, James	Holy Redeeme	35-06.00	34-07.75	
26 Frantz, Altan	Sayre Area	36-00.00	33-05.00	
27 Bradley, Justin	Troy	34-00.00	33-00.25	
28 Voegtlen, Johann	Troy	33-11.00	32-11.25	
29 Clark, Nate	Montrose	34-05.00	32-01.50	
30 Cohick, Brendan	Canton	31-01.00	31-05.25	
-- Pritchkyk, Nikolai	Western Wayne	35-00.00	ND	
-- King, Dylan	Windsor Central	34-00.50	ND	
-- Fuller, Beau	Western Wayne	33-06.00	ND	
-- Passetti, Dylan	Abington Heights	35-00.00	ND	
-- Johnson, Aaron	Wyalusing Va	37-09.00	ND	
-- Haefka, Ben	Wyalusing Va	32-09.50	ND	
-- Weaver, Jonathan	Dallas	38-01.00	ND	

2011 Wyalusing Lasagna Invitational - 4/29/2011**Wyalusing Valley Jr/Sr HS****Results****...Boys Triple Jump**

-- Vermeulen, Jason	Elk Lake Hig	35-06.50	ND
-- Whitehead, Chris	Canton		ND
-- Larcom, Eddie	Canton	36-05.00	ND
-- Lewis, Tom	Montrose	37-02.00	ND
-- Goodrich, Matt	Lackawanna Trail	33-00.00	ND
-- Craig, Colin	North Penn	36-02.00	ND
-- Mikaya, Zach	Athens Area	37-00.00	ND
-- Nelson, Erik	Holy Cross H	35-05.00	ND
-- Woolcock, Joe	Elk Lake Hig	39-00.50	ND
-- Banas, Mike	Holy Redeeme	37-05.00	ND
-- Salmon, Dean	Abington Heights	35-07.00	ND

Boys Shot Put

Meet Record: R 49-06 2010		Jared Conklin, Blue Ridge			
Name	Year	School	Seed	Finals	Points
1 Onyon, Eric		Blue Ridge	53-05.00	46-09.50	10
2 Toth, Travis		Western Wayne	46-04.00	45-08.50	8
3 Chaffee, Cody		Northeast Bradford	46-11.75	43-10.00	6
4 Marshall, Luke		Windsor Central	45-03.00	42-11.00	5
5 Barber, Justin		Lackawanna Trail	45-05.00	42-09.50	4
6 Bush, Mark		Elk Lake Hig	45-05.00	42-08.00	3
7 Benninger, Anthony		Wyalusing Va	40-00.00	41-09.75	2
8 Miller, David		Blue Ridge	42-04.50	41-09.00	1
9 Lafrance, Tracy		Wyalusing Va	42-01.00	40-04.50	
9 Beredelli, Dylan		Abington Heights	44-06.00	40-04.50	
11 Allyn, Tucker		Wyalusing Va	37-07.00	39-11.00	
12 Kilpatrick, Kevin		Abington Heights	42-00.00	39-09.75	
13 Tice, Jim		Towanda	40-10.50	39-08.75	
14 Roberts, Jeremy		Dallas	42-08.00	39-03.00	
15 Piechocki, Gage		Blue Ridge	44-00.00	39-01.25	
16 Cole, Zach		Sayre Area	39-05.00	38-11.50	
17 Hinckley, Scott		Towanda	38-00.00	37-10.50	
18 Bencotter, Bob		Elk Lake Hig	39-11.00	37-08.50	
19 Ostrum, Chris		Dallas	38-07.00	37-07.50	
20 Constantino, Fj		Dallas	40-00.00	37-02.75	
21 Lindberg, Doug		Windsor Central	38-00.00	37-01.50	
22 Hakes, Shawn		Northeast Bradford	37-11.25	36-05.00	
22 Christoforo, Jordan		Montrose	35-07.00	36-05.00	
24 Kreykenbohm, Ryan		Athens Area	38-01.00	36-02.50	
24 Kent, Scott		Troy	38-02.25	36-02.50	
26 Harrison, Josh		Western Wayne	38-00.00	35-11.00	
27 Warden, Thomas		Holy Cross H	35-04.00	35-09.00	
28 Warner, Brenton		Montrose	34-10.00	35-08.50	
29 Shelp, Brett		Montrose	35-10.00	35-07.00	
30 Laidlaw, Scott		Athens Area	36-05.00	35-06.00	
31 Nicholoff, Jared		Holy Cross H	38-04.00	35-03.50	
32 Decker, Seth		Mountain View	37-06.00	34-06.50	
33 Miller, Jacob		Canton	38-04.50	34-03.00	
34 Norton, Aaron		Athens Area	34-04.00	33-06.00	
35 Oldroyd, Marcus		Troy	36-00.00	32-11.50	
36 Crews, Matt		Sayre Area	33-11.00	32-06.00	
37 Foy, Ron		Holy Redeeme	35-09.00	31-08.00	
38 Hakes, Sam		Northeast Bradford	35-08.75	31-02.50	

2011 Wyalusing Lasagna Invitational - 4/29/2011**Wyalusing Valley Jr/Sr HS****Results****...Boys Shot Put**

39 Rainey, Ryan	Holy Cross H	38-02.50	30-08.50
40 Haines, Jon	Susquehanna	33-03.00	30-06.50
41 Powers, Chris	Mountain View	30-05.50	29-05.00
42 Lantz, Aaron	Towanda	38-00.25	29-04.00
43 Tobbe, John	Sayre Area	30-08.00	29-03.50
44 Ambrulavage, Nicholas	Holy Redeeme	30-05.00	29-00.50
45 Westerbaan, Ryan	Canton	24-09.00	26-05.50
46 Hartman, Chris	Mountain View	26-11.00	25-07.00
47 Robbins, Jonathan	Troy	30-00.00	24-07.00
-- Dolan, Joe	Abington Heights	40-09.00	ND
-- Houser, Owen	Tunkhannock	36-09.00	ND
-- Green, Tyler	Tunkhannock	38-05.00	ND
-- Harpell, Tyler	Windsor Central	38-01.00	ND
-- Betram, Dave	Holy Redeeme	39-11.00	ND
-- Kresge, Dakota	Tunkhannock	33-06.00	ND

Boys Discus Throw

=====					
Meet Record: R 150-00		2006	Eric Kemmerer, Coughlin		
Name	Year	School	Seed	Finals	Points
=====					
1 Chaffee, Cody		Northeast Bradford	38-10.50	152-03R	10
2 Onyon, Eric		Blue Ridge	142-00	148-00.50	8
3 Toth, Travis		Western Wayne	144-08	145-06	6
4 Bush, Mark		Elk Lake Hig	141-03	132-03	5
5 Harpell, Tyler		Windsor Central	130-06	128-06	4
6 Roberts, Jeremy		Dallas	134-02	123-11	3
7 Williams, Pat		Abington Heights	120-00	121-09.50	2
8 Lawson, John		Montrose	112-02	118-07.50	1
9 Rainey, Ryan		Holy Cross H	106-06	116-05.50	
10 Tice, Jim		Towanda	110-00	110-03.50	
11 Constantino, Fj		Dallas	118-00	107-08	
12 Hakes, Shawn		Northeast Bradford	106-02	107-01	
13 Ostrum, Chris		Dallas	108-07	106-10.50	
14 Hakes, Sam		Northeast Bradford	110-10	105-06.50	
15 Kent, Scott		Troy	97-04	105-03.50	
16 Piechocki, Gage		Blue Ridge	101-00	105-00	
17 Lafrance, Tracy		Wyalusing Va	118-03	104-02.50	
17 Bencotter, Bob		Elk Lake Hig	27-10.50	104-02.50	
19 Christoforo, Jordan		Montrose	94-05	102-09.50	
20 Betram, Dave		Holy Redeeme	112-04	102-09	
21 Barber, Justin		Lackawanna Trail	121-05	102-08	
22 Benninger, Anthony		Wyalusing Va	118-08	102-04	
23 Namey, Dave		Holy Redeeme	107-00	101-03	
24 Miller, Jacob		Canton	99-00	99-08.50	
25 Card, Riley		Sayre Area	104-03	99-03	
26 Norton, Aaron		Athens Area	100-05	98-03	
27 Lindberg, Doug		Windsor Central	102-01	97-00.50	
28 Simmons, Dylan		Elk Lake Hig	107-00	97-00	
29 Reilly, Mitchell		Sayre Area	107-03	95-08	
30 Mosher, Seth		Troy	94-07	94-11	
31 Laidlaw, Scott		Athens Area	106-01	93-06	
32 Bush, Tyler		Lake Lehman	100-02	91-09	
33 Landherr, Zach		Western Wayne	96-10	90-03.50	
34 Hizny, Brent		Lake Lehman	95-00	87-11	

2011 Wyalusing Lasagna Invitational - 4/29/2011**Wyalusing Valley Jr/Sr HS****Results****...Boys Discus Throw**

35 Marshall, Lucas	Windsor Central	105-00	87-07.50
36 Kreykenbohm, Ryan	Athens Area	100-03	86-03
37 Allyn, Tucker	Wyalusing Va	95-08	85-11
38 Caffrey, Patrick	Holy Redeeme	95-02	84-05.50
39 Madill, Evan	Towanda	94-06	83-07.50
40 Forbes, Ronald	Towanda	92-08	80-10
41 Haag, Matt	Troy	78-00	77-11.50
42 Warden, Thomas	Holy Cross H	99-07	75-04.50
43 Vogel, Dan	Sayre Area	77-05	69-02.50
44 Hartman, Chris	Mountain View	71-10	62-11.50
45 Westerbaan, Ryan	Canton		60-01.50
46 Powers, Chris	Mountain View	64-05	56-11
-- Stamboolian, Nick	Abington Heights	95-02	ND
-- Decker, Seth	Mountain View	94-07	ND
-- Boyle, Thomas	Lake Lehman	90-01	ND
-- Nicholoff, Jared	Holy Cross H	97-00	ND
-- Kimsey, Kurt	Montrose	124-10	ND
-- Houser, Owen	Tunkhannock	95-10	ND
-- Green, Tyler	Tunkhannock	80-00	ND
-- Gregory, Austin	Tunkhannock	71-03	ND
-- Hepler, Ben	Blue Ridge	111-09	ND
-- Dolan, Joe	Abington Heights	122-06	ND

Boys Javelin Throw

=====					
Meet Record: R 191-07		2007	Glenn Bell, Wyalusing		
Name	Year	School	Seed	Finals	Points
=====					
1 Robbins, Rob		Northeast Bradford	06-11.50	196-08R	10
2 Kimsey, Kurt		Montrose	155-10	152-05	8
3 Fager, Paul		Northeast Bradford	160-03	150-06	6
4 Allyn, Tucker		Wyalusing Va	148-08	148-11	5
5 Simonovitch, Jason		Dallas	144-10	147-03	4
6 Kozloski, Ryan		Dallas	148-04	146-11	3
7 Miller, Ryan		Wyalusing Va	149-08	144-02	2
8 Kempa, Dan		Blue Ridge	174-01	140-00	1
9 Constantino, Fj		Dallas	140-00	136-09	
10 Woolcock, Joe		Elk Lake Hig	151-08	136-04	
11 Lawson, John		Montrose	148-01	134-05	
12 Hizny, Brent		Lake Lehman	136-04	130-00	
13 Chacona, Josh		Sayre Area	125-08	127-04	
14 Bush, Tyler		Lake Lehman	120-07	122-06	
15 Norton, Aaron		Athens Area	27-10.50	121-00	
16 Card, Riley		Sayre Area	123-00	118-08	
17 Burgess, Levi		Tunkhannock	123-00	116-09	
18 Bedrin, Alex		Holy Redeeme	134-05	115-01	
19 Simmons, Dylan		Elk Lake Hig	33-08.50	112-09	
20 Daniellio, Joey		Towanda	111-02	112-07	
21 Mathers, Levi		Athens Area	116-08	111-06	
22 Barbolish, Aaron		Lackawanna Trail	130-06	109-08	
22 Landherr, Zach		Western Wayne	136-09	109-08	
24 Barbolish, Isaac		Lackawanna Trail	120-07	109-07	
25 Bostwick, Mike		Sayre Area	143-10	109-03	
26 Donnelley, Pat		Athens Area	111-07	108-00	
27 Kilpatrick, Kevin		Abington Heights	121-02	107-05	

2011 Wyalusing Lasagna Invitational - 4/29/2011**Wyalusing Valley Jr/Sr HS****Results****....Boys Javelin Throw**

28 Salus, Scott	Tunkhannock	134-00	107-03
29 Goodrich, Zack	Lackawanna Trail	127-05	106-08
30 Hinckley, Scott	Towanda	122-05	106-06
31 Lantz, Aaron	Towanda	120-06	105-02
32 Rhodes, Johnny	Western Wayne	121-04	103-00
33 Warner, Brenton	Montrose	101-02	100-10
33 Beredelli, Dylan	Abington Heights	124-07	100-10
35 Martin, Mike	Holy Redeeme	112-00	99-10
36 Mosher, Seth	Troy	97-01	99-03
37 Betram, Dave	Holy Redeeme	118-00	98-00
38 Haag, Matt	Troy	94-01	97-06
39 Coolbaugh, Colton	Tunkhannock	129-00	96-11
40 Hickey, Bryan	Holy Cross H	121-03	95-11
41 Shoemaker, Jon	Wyalusing Va	115-05	93-01
42 Soltis, Tyler	Windsor Central		92-02
43 Decker, Seth	Mountain View	103-00	90-08
44 Bunner, Austin	Canton	77-11	87-06
45 Haines, Jon	Susquehanna	101-02	87-04
46 Lindberg, Doug	Windsor Central		86-02
47 Marshall, Lucas	Windsor Central		78-09
48 Hartman, Chris	Mountain View	77-02	77-00
49 Brenchley, Max	Canton		75-04
50 Bly, Ben	Canton	69-03	72-00
51 McDonough, Matthew	Holy Cross H	118-00	70-01
52 Yale, Zebulin	Troy	88-07	66-11
-- Bonin, Todd	Northeast Bradford	110-00	ND
-- Dolan, Joe	Abington Heights	127-00	ND
-- Fuller, Beau	Western Wayne	90-01	ND

=====

Women - Team Rankings - 18 Events Scored

=====

1) Dallas	85	2) Holy Redeemer High School	79
3) Abington Heights	75	4) Holy Cross High School	58
5) Western Wayne	55	6) Elk Lake High School	46
7) Wyalusing Valley Area	41.50	8) Sayre Area	36
9) Lackawanna Trail	30	10) Tunkhannock	29
10) Athens Area	29	12) Blue Ridge	25
12) Windsor Central	25	14) Troy	23
15) Northeast Bradford	20	16) Montrose	18
17) North Penn	12	18) Mountain View	6
19) Towanda	4.50	20) Lake Lehman	2

=====

Men - Team Rankings - 18 Events Scored

=====

1) Tunkhannock	94	2) Holy Redeemer High School	75
3) Northeast Bradford	70	4) Elk Lake High School	64
5) Blue Ridge	60	6) Athens Area	39
7) Towanda	37	8) Wyalusing Valley Area	36
9) Western Wayne	35	10) Sayre Area	30.50
11) Holy Cross High School	29	12) Montrose	24
13) Windsor Central	23	14) Dallas	22
15) Troy	20	16) Abington Heights	15
17) Susquehanna Community	8	18) Lake Lehman	6
19) Lackawanna Trail	4	19) Valley View	4
21) North Penn	3.50	22) Canton	3